

Drug-Eluting Balloons

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I have the following potential conflicts of interest to report:

- Grant/Research Support
- Consulting Fees/Honoraria: B. Braun, Boehringer, B. Braun, Bristol-Myers Squibb, Lilly, Medtronic, Pfizer, Sanofi Aventis
- Major Stock Shareholder/Equity
- Royalty Income
- Ownership/Founder: Personal MedSystems
- Intellectual Property Rights
- Other Financial Benefit

Interventional Cardiology - The 2nd revolution

1977

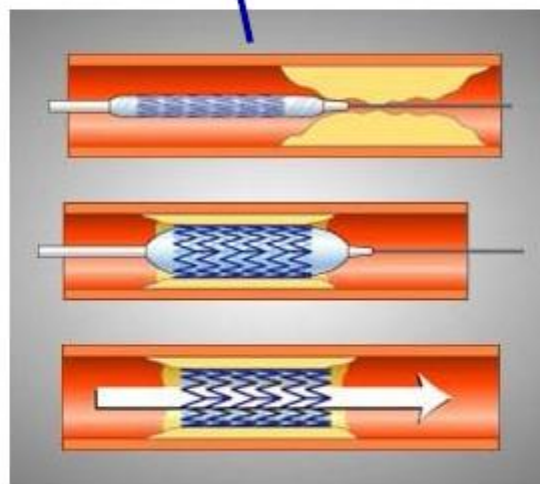
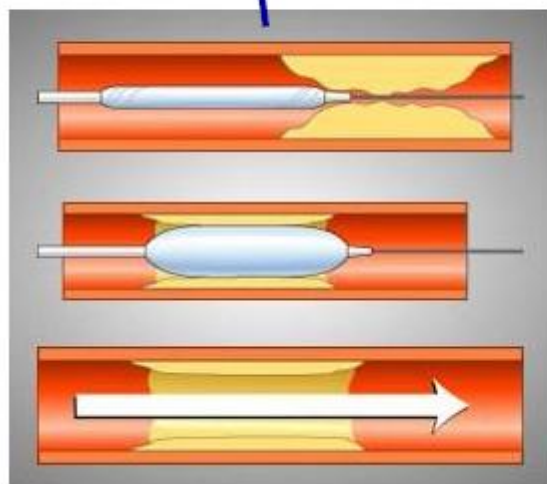
1. Balloon (PTCA):

Andreas Gruntzig performs the first PTCA in Zurich, Switzerland

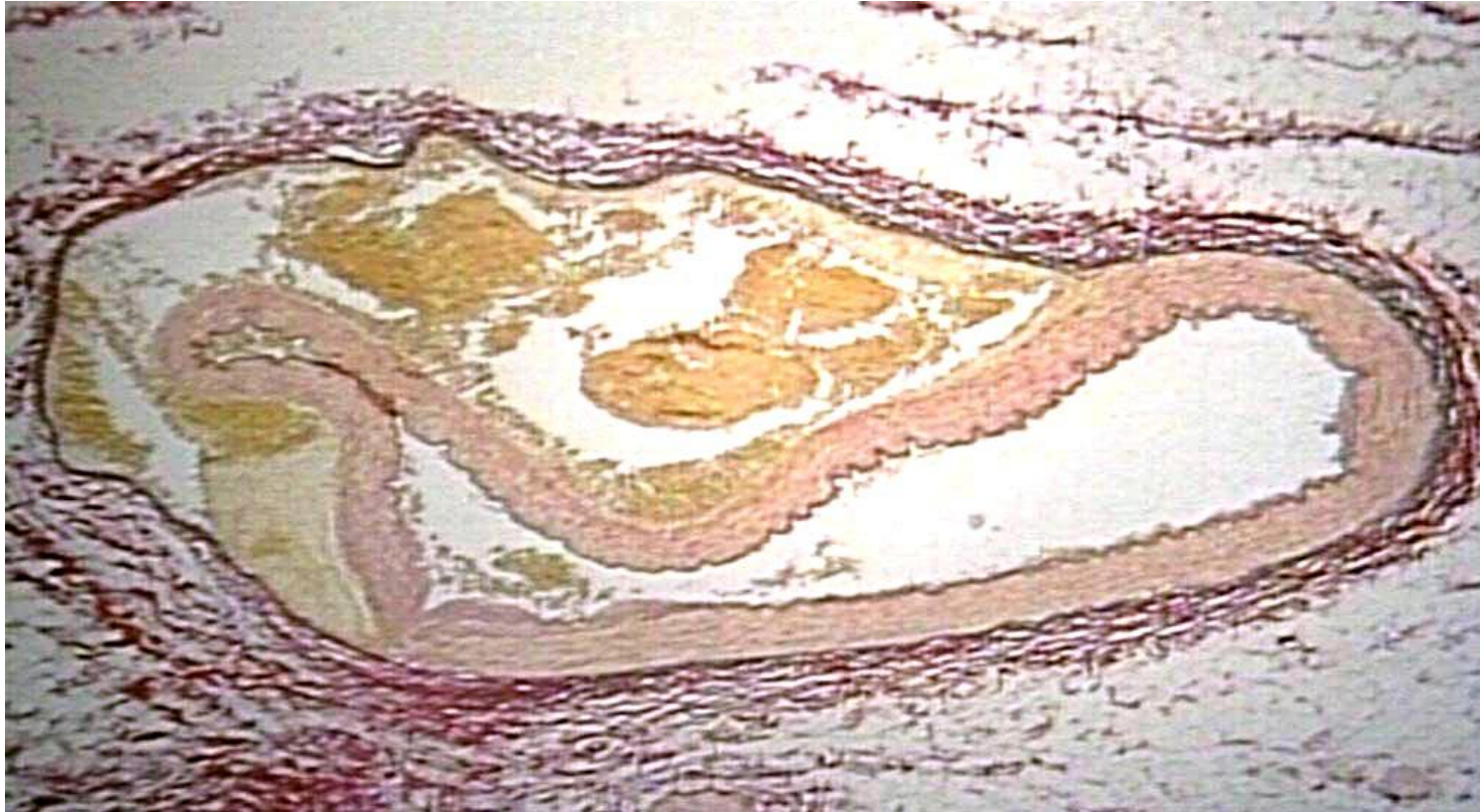
1988

2. Bare Metal Stent (BMS):

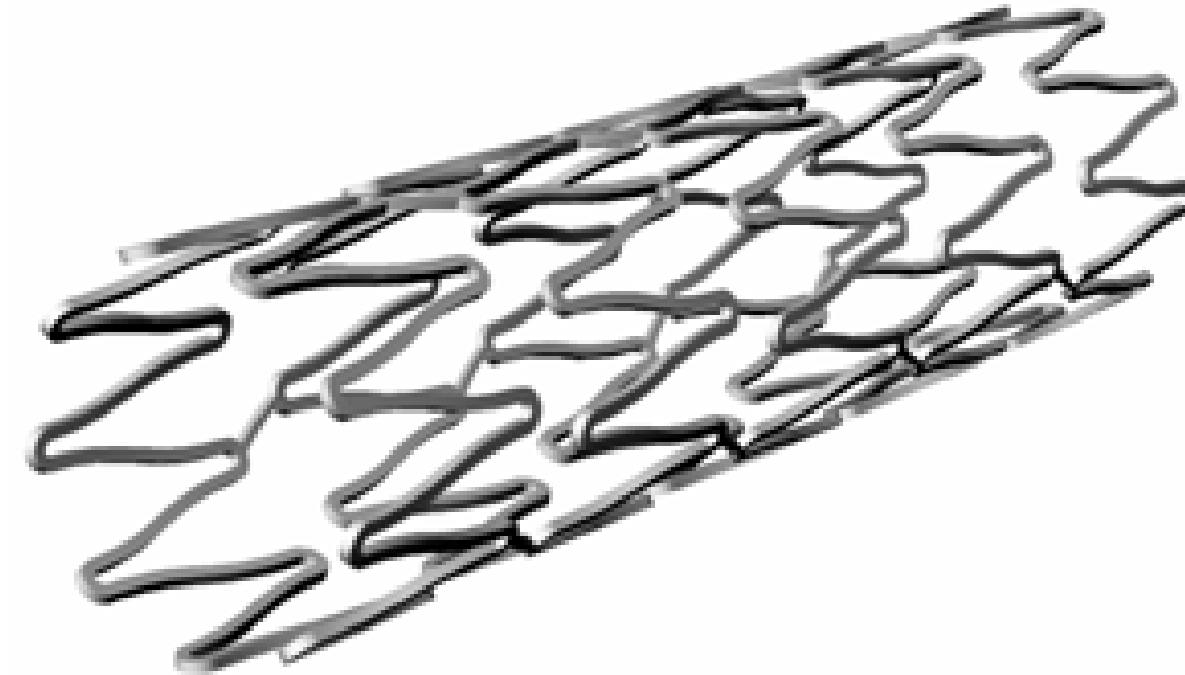
Julio Palmaz and Richard Schatz develop a stainless steel stent for coronary applications



Intimal dissection following balloon angioplasty



Bare Metal Stent



Dual Antiplatelet Therapy (DAPT) after Bare Metal Stent

⇒ **4 weeks**

Restenosis after Bare Metal Stenting



Interventional Cardiology - The 3rd Revolution

1977

1. Balloon (PTCA):

Andreas Gruntzig performs the first PTCA in Zurich, Switzerland

1988

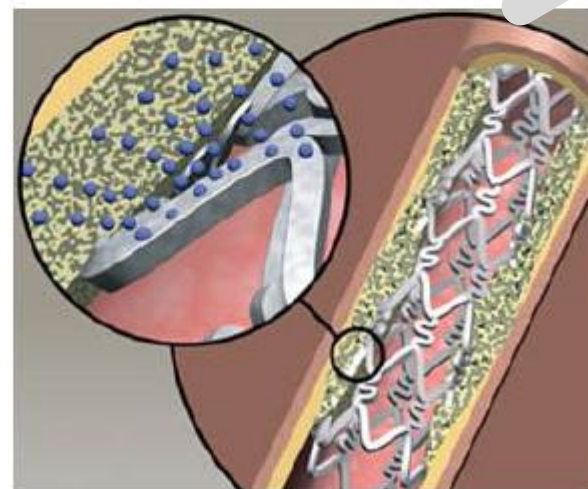
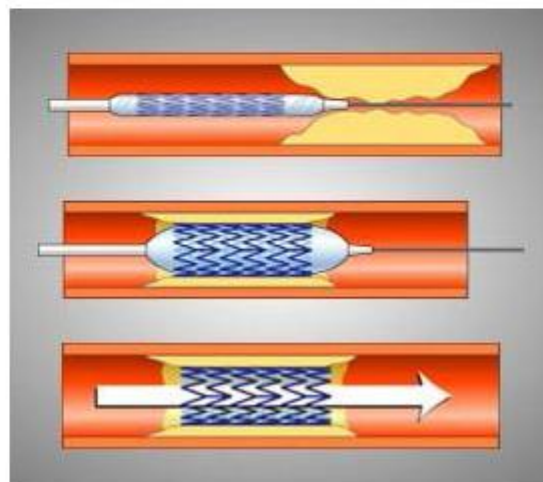
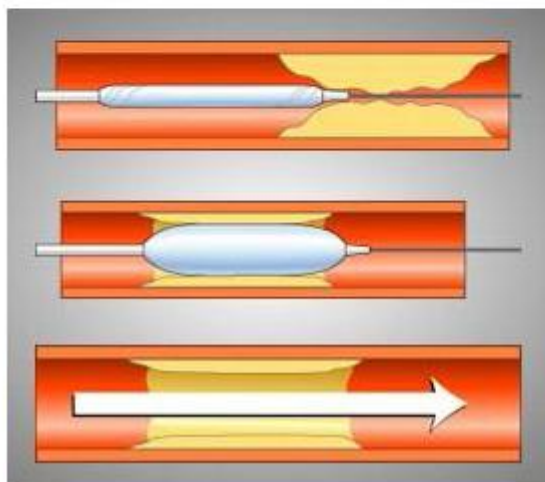
2. Bare Metal Stent (BMS):

Julio Palmaz and Richard Schatz develop a stainless steel stent for coronary applications

2002 - 2003

3. Drug-eluting stents (DES):

introduced to the European and U.S. markets



Without Drug Coating



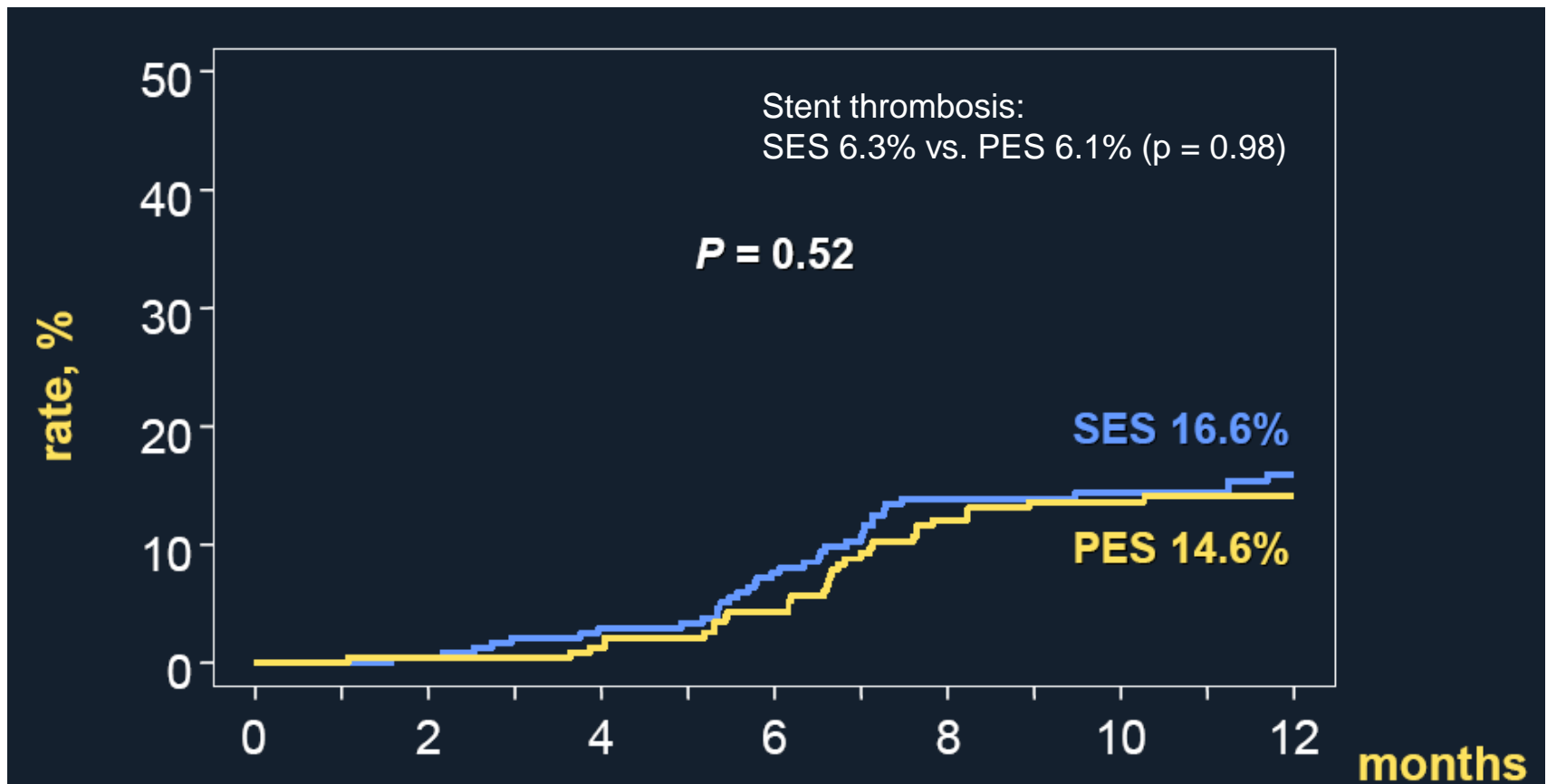
With Drug Coating



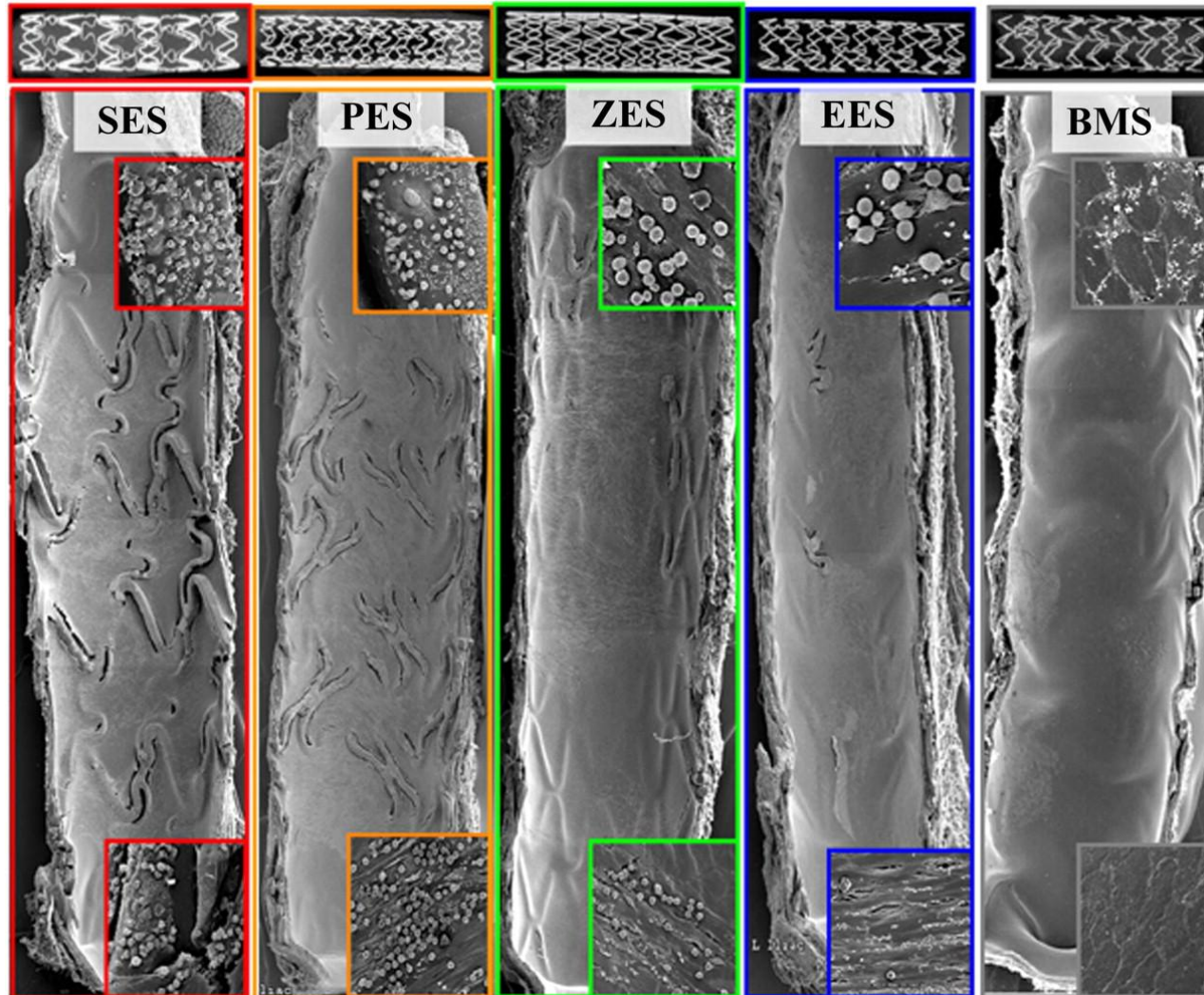
Dual Antiplatelet Therapy after Drug-Eluting Stent

⇒ **(6-) 12 months**

⇒ ISAR-DESIRE 2: TLR



Heterogeneity of neointimal Healing after DES Placement



ESC-Guidelines Atrial Fibrillation

Haemorrhagic risk	Clinical setting	Stent implanted	Anticoagulation regimen
Low or intermediate (e.g. HAS-BLED score 0–2)	Elective	Bare-metal	<u>1 month</u> : triple therapy of VKA (INR 2.0–2.5) + aspirin ≤100 mg/day + clopidogrel 75 mg/day <u>Lifelong</u> : VKA (INR 2.0–3.0) alone
	Elective	Drug-eluting	<u>3 (-olimus^a group) to 6 (paclitaxel) months</u> : triple therapy of VKA (INR 2.0–2.5) + aspirin ≤100 mg/day + clopidogrel 75 mg/day <u>Up to 12th month</u> : combination of VKA (INR 2.0–2.5) + clopidogrel 75 mg/day ^b (or aspirin 100 mg/day) <u>Lifelong</u> : VKA (INR 2.0–3.0) alone
	ACS	Bare-metal/ drug-eluting	<u>6 months</u> : triple therapy of VKA (INR 2.0–2.5) + aspirin ≤100 mg/day + clopidogrel 75 mg/day <u>Up to 12th month</u> : combination of VKA (INR 2.0–2.5) + clopidogrel 75 mg/day ^b (or aspirin 100 mg/day) <u>Lifelong</u> : VKA (INR 2.0–3.0) alone
High (e.g. HAS-BLED score ≥3)	Elective	Bare-metal ^c	<u>2–4 weeks</u> : triple therapy of VKA (INR 2.0–2.5) + aspirin ≤100 mg/day + clopidogrel 75 mg/day <u>Lifelong</u> : VKA (INR 2.0–3.0) alone
	ACS	Bare-metal ^c	<u>4 weeks</u> : triple therapy of VKA (INR 2.0–2.5) + aspirin ≤100 mg/day + clopidogrel 75 mg/day <u>Up to 12th month</u> : combination of VKA (INR 2.0–2.5) + clopidogrel 75 mg/day ^b (or aspirin 100 mg/day) <u>Lifelong</u> : VKA (INR 2.0–3.0) alone



- ⇒ **Drug-Coated Balloon (DCB) = Drug-Eluting Balloon (DEB)**
- ⇒ *Drug-Eluting Bioresorbable Vascular Scaffold (BVS) Stent*

„Leaving Nothing Behind“

DCB & BVS

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Treatment of Coronary In-Stent Restenosis with a Paclitaxel-Coated Balloon Catheter

Bruno Scheller, M.D., Christoph Hehrlein, M.D., Wolfgang Bocksch, M.D., Wolfgang Rutsch, M.D., Dariush Haghi, M.D., Ulrich Dietz, M.D., Michael Böhm, M.D., and Ulrich Speck, Ph.D.

ABSTRACT

BACKGROUND

Treatment of coronary in-stent restenosis is hampered by a high incidence of recurrent in-stent restenosis. We assessed the efficacy and safety of a paclitaxel-coated balloon in this setting.

METHODS

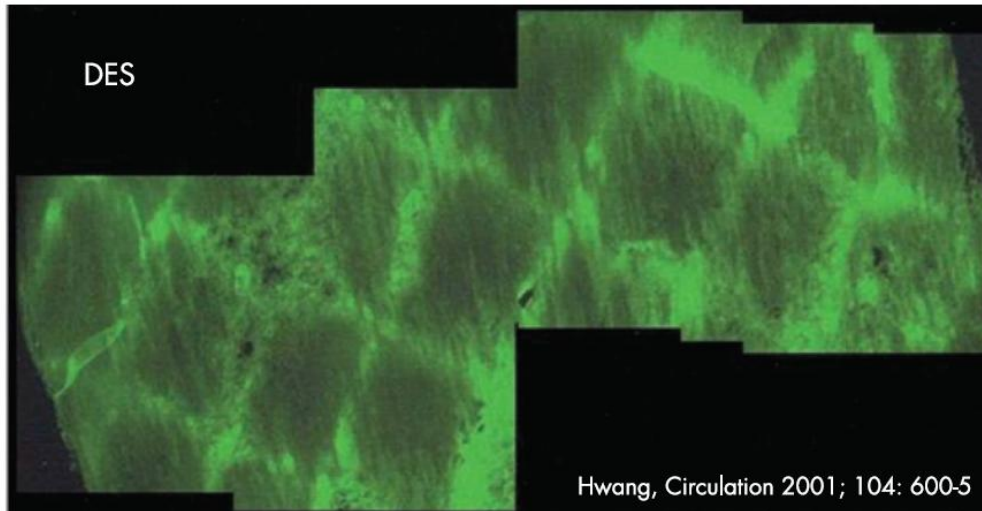
We enrolled 52 patients with in-stent restenosis in a randomized, double-blind, multicenter trial to compare the effects of a balloon catheter coated with paclitaxel (3 μg per square millimeter of balloon surface area) with those of an uncoated balloon catheter in coronary angioplasty. The primary end point was late luminal loss as seen on angiography. Secondary end points included the rates of restenosis (a binary variable) and major adverse cardiac events.

From Universitätsklinikum des Saarlandes, Homburg/Saar (B.S., M.B.); Universitätsklinikum, Freiburg (C.H.); Campus Virchow-Klinikum (W.B.) and Campus Charité Mitte (W.R., U.S.); Universitätsklinikum Charité, Berlin; Universitätsklinikum Mannheim, Ruprecht Karls Universität Heidelberg, Mannheim (D.H.); and Deutsche Klinik für Diagnostik, Wiesbaden (U.D.) — all in Germany. Address reprint requests to Dr. Scheller at the Klinik für Innere Medizin III, Universitätsklinikum des Saarlandes, Homburg/Saar, Germany, or at bruno.scheller@uniklinikum-saarland.de.

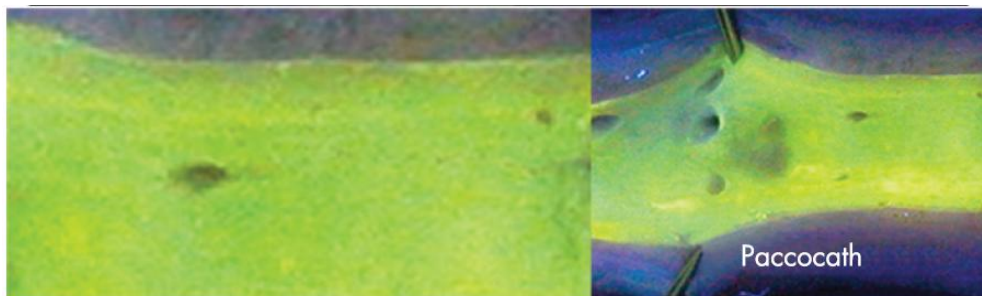
Drug-Coated Balloon (DCB)



Drug-Coated Balloon (DCB)



- ⇒ **Drug-Eluting Stent**
- Slow release
 - Persistent drug exposure
 - ~ 100 - 200 µg dose
 - Polymer
 - Stent mandatory



- ⇒ **Drug-Coated Balloon**
- Immediate release
 - Short-lasting exposure
 - ~ 300 - 600 µg dose
 - No polymers

In-Stent
Restenosis

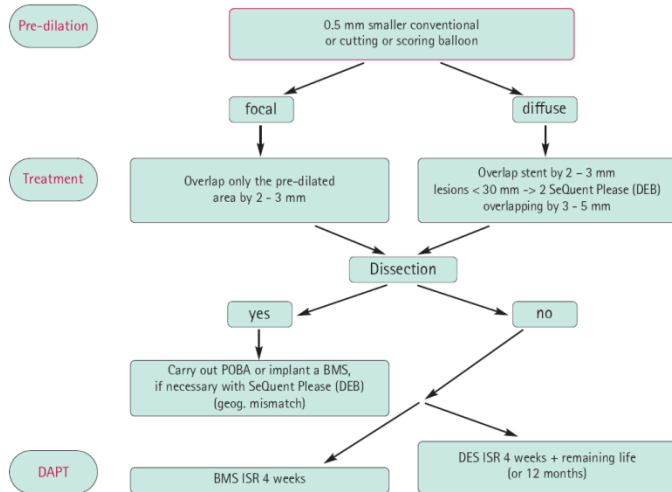
Small Vessel
Disease

Bifurcation
Lesions

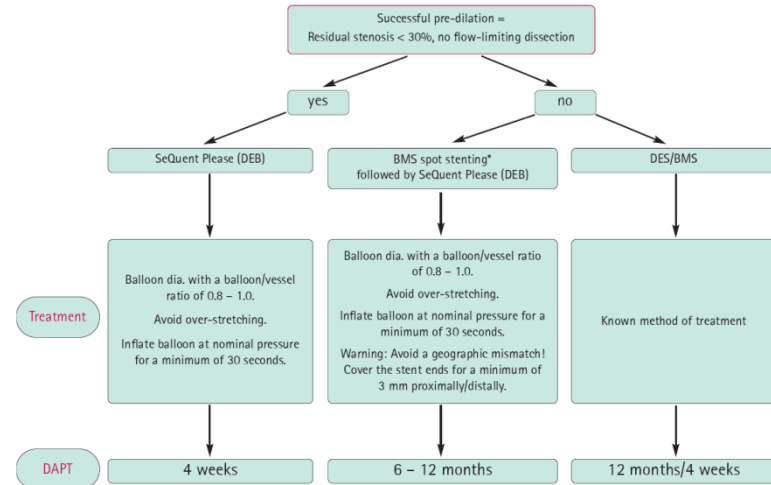
De-Novo
Coronary
Lesions

Recommendations by the German Consensus Group

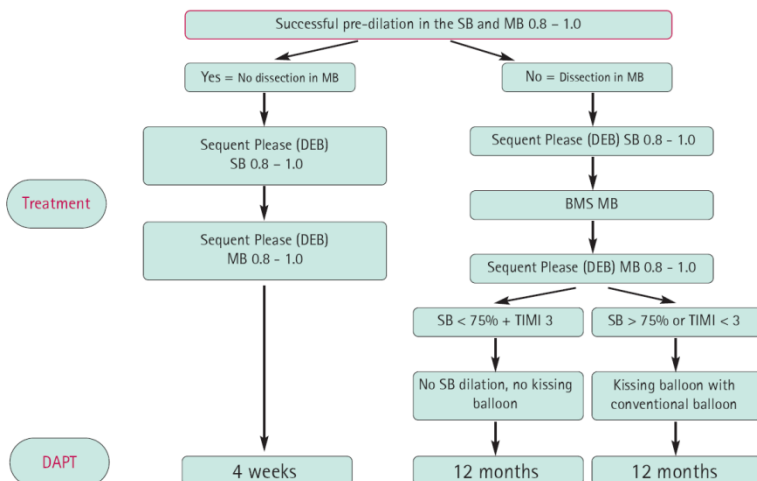
Treatment of In-stent Restenosis (ISR)



Treatment of Small Vessel Disease (SVD)



Treatment of Bifurcation Stenoses



In-Stent
Restenosis

Small Vessel
Disease

Bifurcation
Lesions

De-Novo
Coronary
Lesions

- ⇒ Efficacy and Safety of Paclitaxel-Coated Balloons in Coronary In-Stent Restenosis
- ⇒ Two trials
 - separately randomized
 - double-blind, multicenter
 - identical protocol
 - 108 patients in total
- ⇒ Paccocath ISR I: 52 patients
- ⇒ Paccocath ISR II: 56 patients

Table 2. (Continued.)

Variable	Uncoated Balloon (N=26)	Paclitaxel-Coated Balloon (N=26)	Absolute Difference (95% CI)	P Value
Angiographic findings at 6 mo				
No. of patients	23	22		
Minimal luminal diameter — mm				
In-stent	1.60±0.89	2.31±0.66	-0.71 (-1.18 to 0.24)	0.004
In-segment	1.57±0.86	2.22±0.57	-0.65 (-1.09 to 0.21)	0.005
Late luminal loss — mm				
In-stent	0.76±0.86	0.09±0.49	0.67 (0.24 to 1.09)	0.003
In-segment	0.74±0.86	0.03±0.48	0.70 (0.28 to 1.12)	0.002
Restenosis — no. (%)				
In-stent	10 (43)	1 (5)	0.39 (0.15 to 0.63)	0.002
In-segment	10 (43)	1 (5)	0.39 (0.15 to 0.63)	0.002

PACCOATH ISR I + II: Long-term

Treatment of Coronary In-Stent Restenosis with a Paclitaxel-Coated Balloon Catheter

	Uncoated Balloon	Drug Coated Balloon	p
n	54	54	
Follow-up	5.2 ± 1.5 yrs	5.6 ± 0.9 yrs	0.108
Death	8 (14.8 %)	5 (9.3 %)	0.556
MI	8 (14.8 %)	5 (9.3 %)	0.556
TLR	21 (38.9 %)	5 (9.3 %)	0.001
Stent thrombosis	0	0	1.000
Stroke	5 (9.3 %)	5 (9.3 %)	1.000
MACE	32 (59.3 %)	15 (27.8 %)	0.002

PEPCAD II

Paclitaxel-Coated Balloon Catheter Versus Paclitaxel-Coated Stent for the Treatment of Coronary In-Stent Restenosis

	Drug-Coated Balloon	Drug-Eluting Stent	Difference (95% CI)	P
Angiographic follow-up at 6 months				
Angiographic follow-up, n (%)	57 (86.4)	59 (90.8)	-0.04 (-0.15 to 0.05)	0.43
Minimal lumen diameter				
In-stent, mm	2.08±0.56	2.11±0.78	-0.04 (-0.29 to 0.21)	0.77
In-segment, mm	2.03±0.56	1.96±0.82	0.07 (-0.19 to 0.33)	0.60
Diameter stenosis, %	29.4±17.5	34.2±24.3	-4.7 (-12.5 to 3.1)	0.23
Late lumen loss, mm				
In-stent	0.19±0.39	0.45±0.68	-0.26 (-0.47 to -0.06)	0.01
In-segment	0.17±0.42	0.38±0.61	-0.21 (-0.40 to -0.02)	0.03
Late lumen loss index, mm				
In-stent	0.12±0.26	0.28±0.48	-0.16 (-0.30 to -0.02)	0.03
In-segment	0.11±0.29	0.30±0.53	-0.19 (-0.35 to -0.03)	0.02
Binary restenosis rate, n (%)				
In-stent	4 (7)	10 (16.9)	-0.10 (-0.23 to 0.03)	0.17
In-segment	4 (7)	12 (20.3)	-0.13 (-0.27 to 0.01)	0.06



Follow-up rate: 94% (47/50 Lesions, PEB group: 23, BA group: 24)

	Paclitaxel-Eluting Balloon	Conventional Balloon Angioplasty	
Late luminal loss (in-lesion)	0.17 ± 0.45	0.72 ± 0.56	0.001
Late luminal loss (in-segment)	0.18 ± 0.45	0.72 ± 0.55	0.001
Binary restenosis	2 (8.7)	15 (62.5)	0.0001
Target lesion revascularization)	1 (4.3)	10 (41.7)	0.003



Clin Res Cardiol

DOI 10.1007/s00392-012-0428-2

ORIGINAL PAPER

Cost-effectiveness of paclitaxel-coated balloon angioplasty and paclitaxel-eluting stent implantation for treatment of coronary in-stent restenosis in patients with stable coronary artery disease

**Klaus Bonaventura · Alexander W. Leber · Christian Sohns ·
Mattias Roser · Leif-Hendrik Boldt · Franz X. Kleber ·
Wilhelm Haverkamp · Marc Dorenkamp**

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Cost Effectiveness

of Paclitaxel-Eluting Balloon Catheter in Patients with Bare-Metal Stent Restenosis

⇒ Initial procedure costs:

- DCB: € 3,604.14

- DES implantation: € 3,309.66

Δ € 294.48

⇒ Over a 12-month time horizon:

- DCB strategy: € 4,130.38

- DES implantation: € 5,305.30

Δ € 1,174.92

⇒ DCB slightly more effective in terms of life expectancy than the DES strategy (0.983 versus 0.976 years).

ESC Guidelines 2010 for In-Stent Restenosis (ISR)

	Class ^a	Level ^P	Ref. ^c
FFR-guided PCI is recommended for detection of ischaemia-related lesion(s) when objective evidence of vessel-related ischaemia is not available.	I	A	15, 28
DES ^d are recommended for reduction of restenosis/re-occlusion, if no contraindication to extended DAPT.	I	A	45, 46, 55, 215
Distal embolic protection is recommended during PCI of SVG disease to avoid distal embolization of debris and prevent MI.	I	B	171, 213
Rotablation is recommended for preparation of heavily calcified or severely fibrotic lesions that cannot be crossed by a balloon or adequately dilated before planned stenting.	I	C	—
Manual catheter thrombus aspiration should be considered during PCI of the culprit lesion in STEMI.	IIa	A	204–208
For PCI of unstable lesions, i.v. abciximab should be considered for pharmacological treatment of no-reflow.	IIa	B	55, 209, 212
Drug-eluting balloons ^d should be considered for the treatment of in-stent restenosis after prior BMS.	IIa	B	174, 175

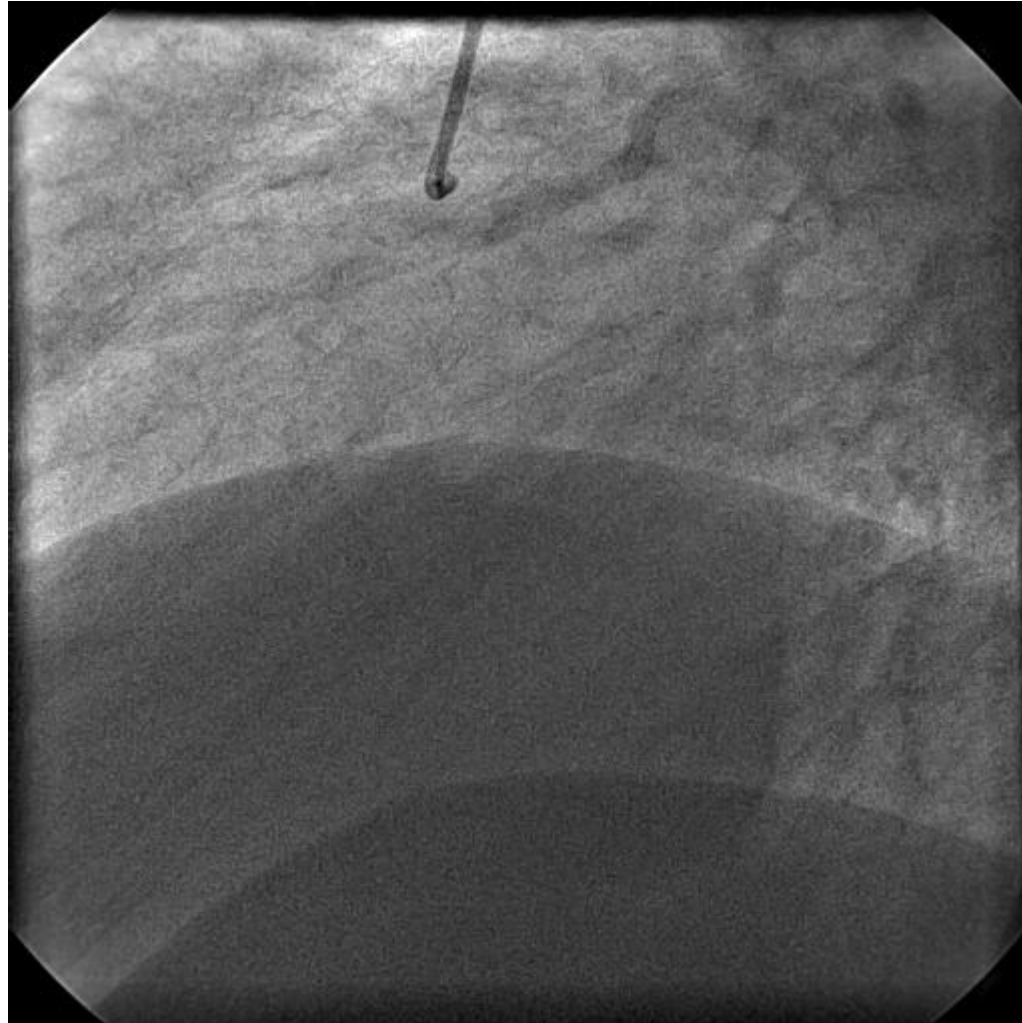
Drug-eluting balloons^d should be considered for the treatment of in-stent restenosis after prior BMS. **IIa** **B**

no-reflow.			
Tornus catheter may be used for preparation of heavily calcified or severely fibrotic lesions that cannot be crossed by a balloon or adequately dilated before planned stenting.	IIb	C	—
Cutting or scoring balloons may be considered for dilatation of in-stent restenosis, to avoid slipping-induced vessel trauma of adjacent segments.	IIb	C	—
IVUS-guided stent implantation may be considered for unprotected left main PCI.	IIb	C	—
Mesh-based protection may be considered for PCI of highly thrombotic or SVG lesions.	IIb	C	—
For PCI of unstable lesions, intracoronary nitroprusside or other vasodilators may be considered for pharmacological treatment of no-reflow.	IIb	C	—

DEB only

- ⇒ Male, 55 years
- ⇒ PCI of In-stent Restenosis of RCA

In-stent Restenosis of RCA



RCA with guidewire



Predilatation with 3.5/15 mm balloon



RCA after predilatation



RCA with DCB 3.5/20 mm *(Sequent Please)*



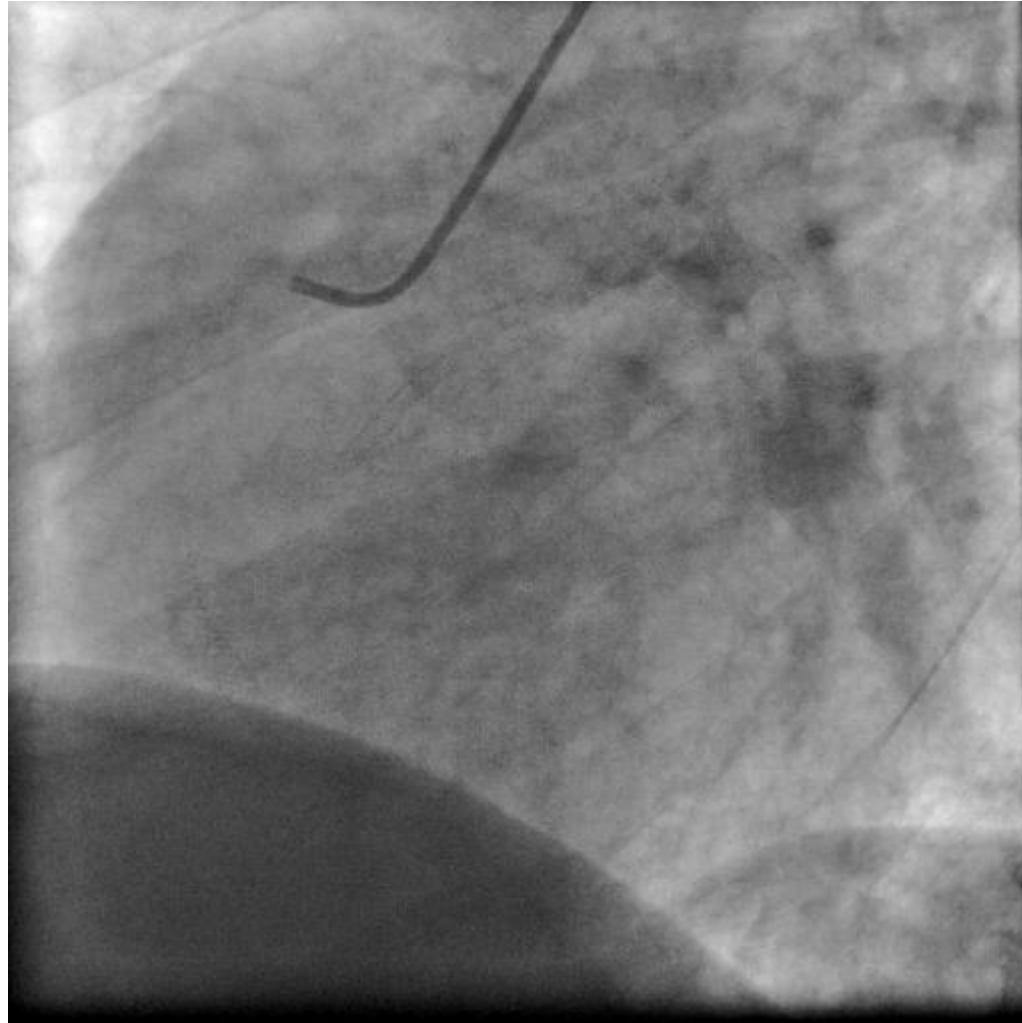
RCA with DCB 3.5/17 mm *(Sequent Please)*



RCA, final result after DCB only



RCA, 4 months after DCB only



In-Stent
Restenosis

Small Vessel
Disease

Bifurcation
Lesions

De-Novo
Coronary
Lesions

- ⇒ Prospective, single-arm, observational, multi-center
- ⇒ 118 patients, angiographic follow-up 89 %
- ⇒ Paclitaxel eluting balloon Sequent Please in patients with lesions in coronary arteries of 2.25 –2.8 mm in diameter.
- ⇒ Endpoint: late lumen loss at 6 months.

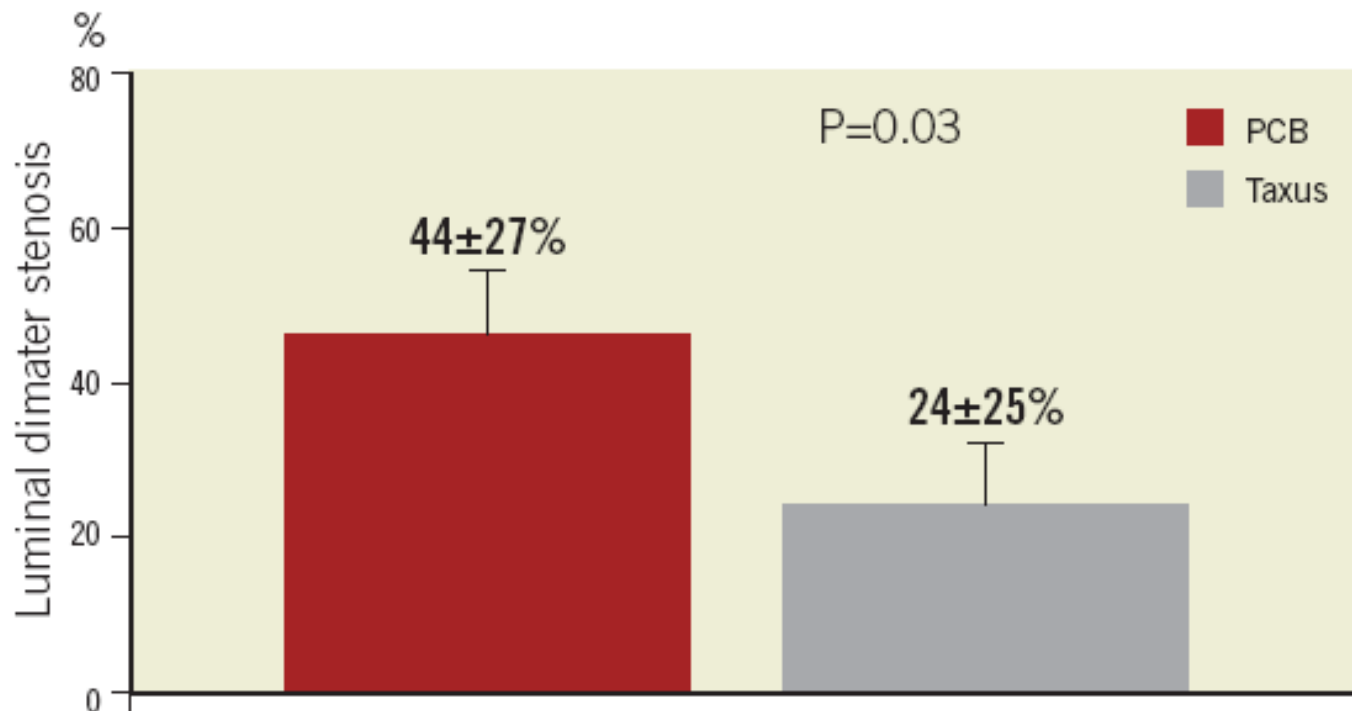
⇒ DEB only: 6 Months Results

Follow-up angiography (82 Patients)	
Late lumen loss In-segment	0.16 ± 0.38 mm
Binary restenosis rate In-segment	4 (5.5 %)
Target lesion revascularization	4 (4.9 %)
Death	0

⇒ DEB only: 1-Year MACE Results

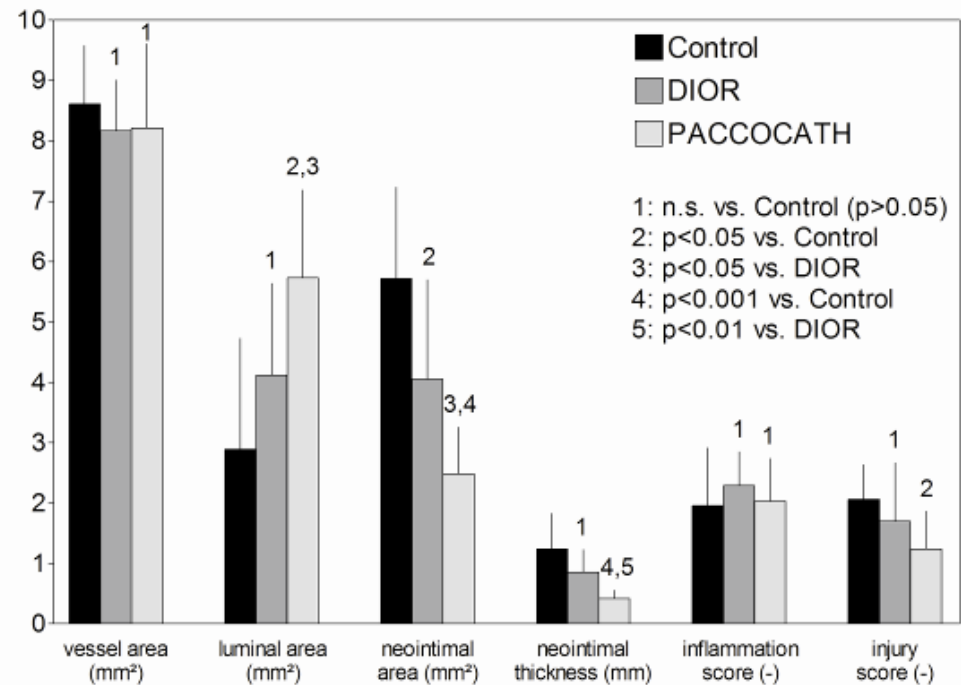
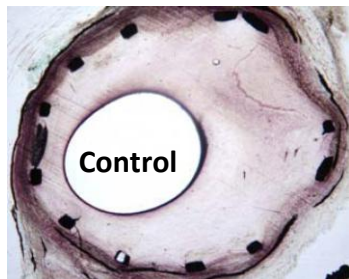
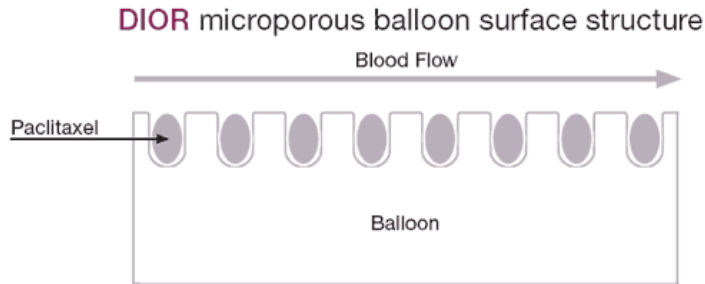
	DEB ITT	DEB Only
n	114	82
Stent thrombosis	1.7%	0%
TLR	11.9%	4.9%
Death	2.9%	0%
MI	1.7%	1.3%
MACE	15.3%	6.1%

Paclitaxel-coated balloon DIOR[®] vs. Taxus DES in small coronary vessels (≤ 2.75 mm), n=28 + 29 patients



Roughened Balloon Surface vs. Matrix Coating

Matrix Coating - Paclitaxel Iopromide Sequent Please

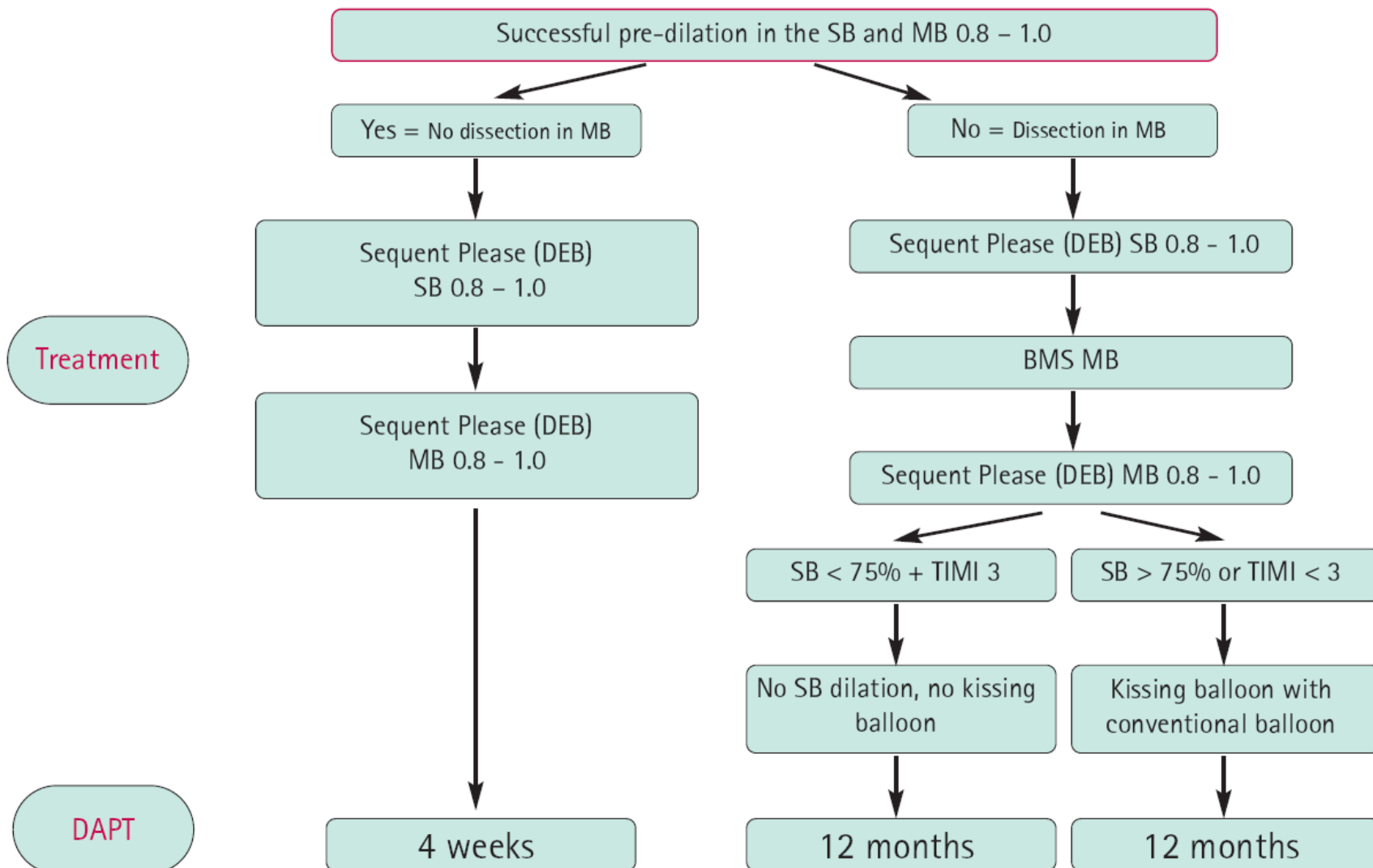


In-Stent
Restenosis

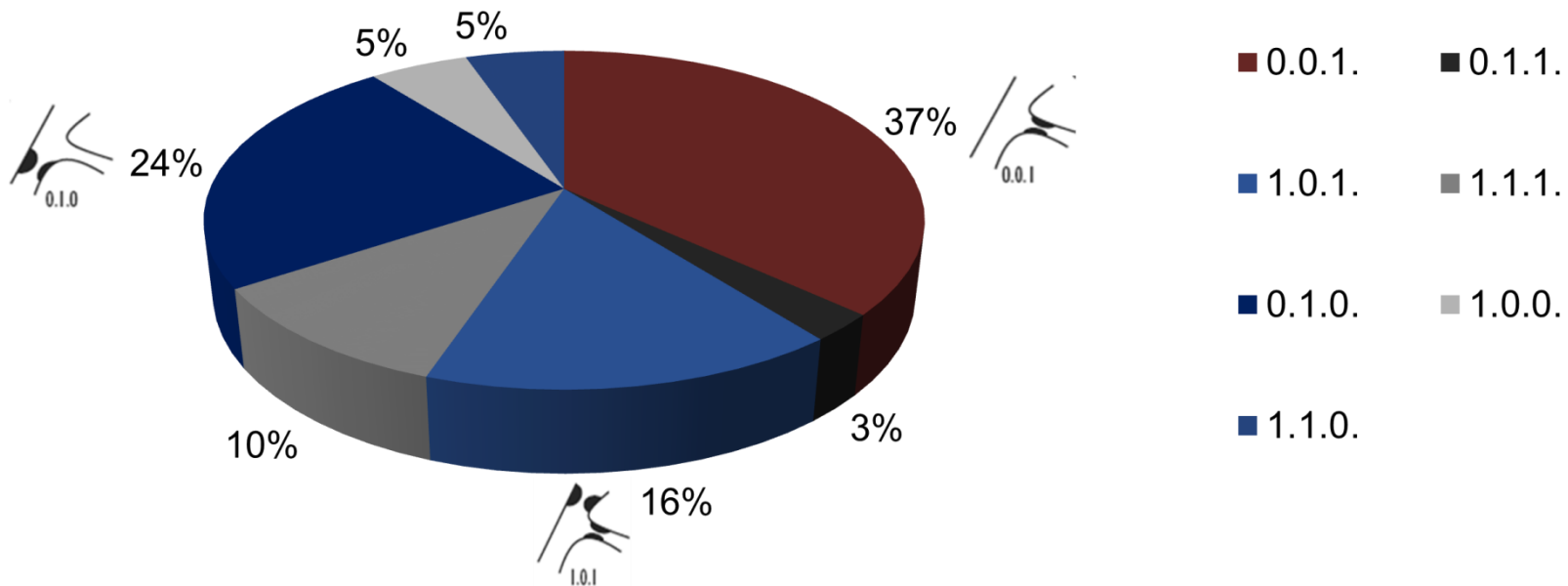
Small Vessel
Disease

**Bifurcation
Lesions**

De-Novo
Coronary
Lesions



DCB in Bifurcation Lesions: Potsdam Registry



- ⇒ 38 interventions
- ⇒ The procedure was successful in all patients.
- ⇒ Additional stenting of the main branch was needed in 3 (7.9%) interventions.

- ⇒ No MACE (cardiac death, myocardial infarction, target lesion revascularization) occurred up to 30 days.
- ⇒ **Target lesion revascularization at 12 months: 0%**
- ⇒ Duration of DAPT was 4.2 ± 3.8 months.

In-Stent
Restenosis

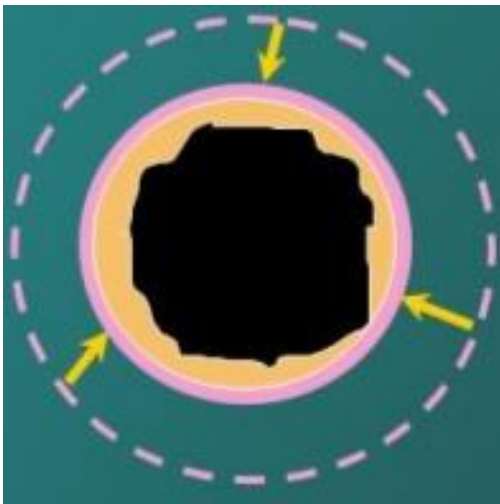
Small Vessel
Disease

Bifurcation
Lesions

De-Novo
Coronary
Lesions

Two Different Causes for Restenosis

Recoil & Negative Remodeling

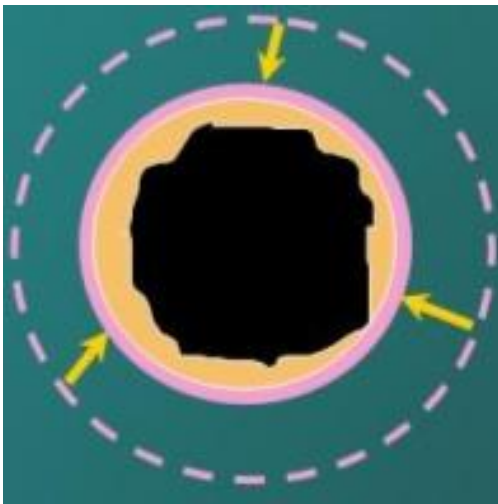


Stenting (BMS, DES)

***Drug-Eluting Bioresorbable
Vascular Scaffold (BVS) Stent***

Two Different Causes for Restenosis

Recoil & Negative Remodeling



Stenting (BMS, DES)

*Drug-Eluting Bioresorbable
Vascular Scaffold (BVS) Stent*

Neointimal Hyperplasia



Drug-Coated Balloon

*(Drug-Eluting Bioresorbable
Vascular Scaffold (BVS)
Stent)*

Late lumen loss after DCB in De-novo Lesions

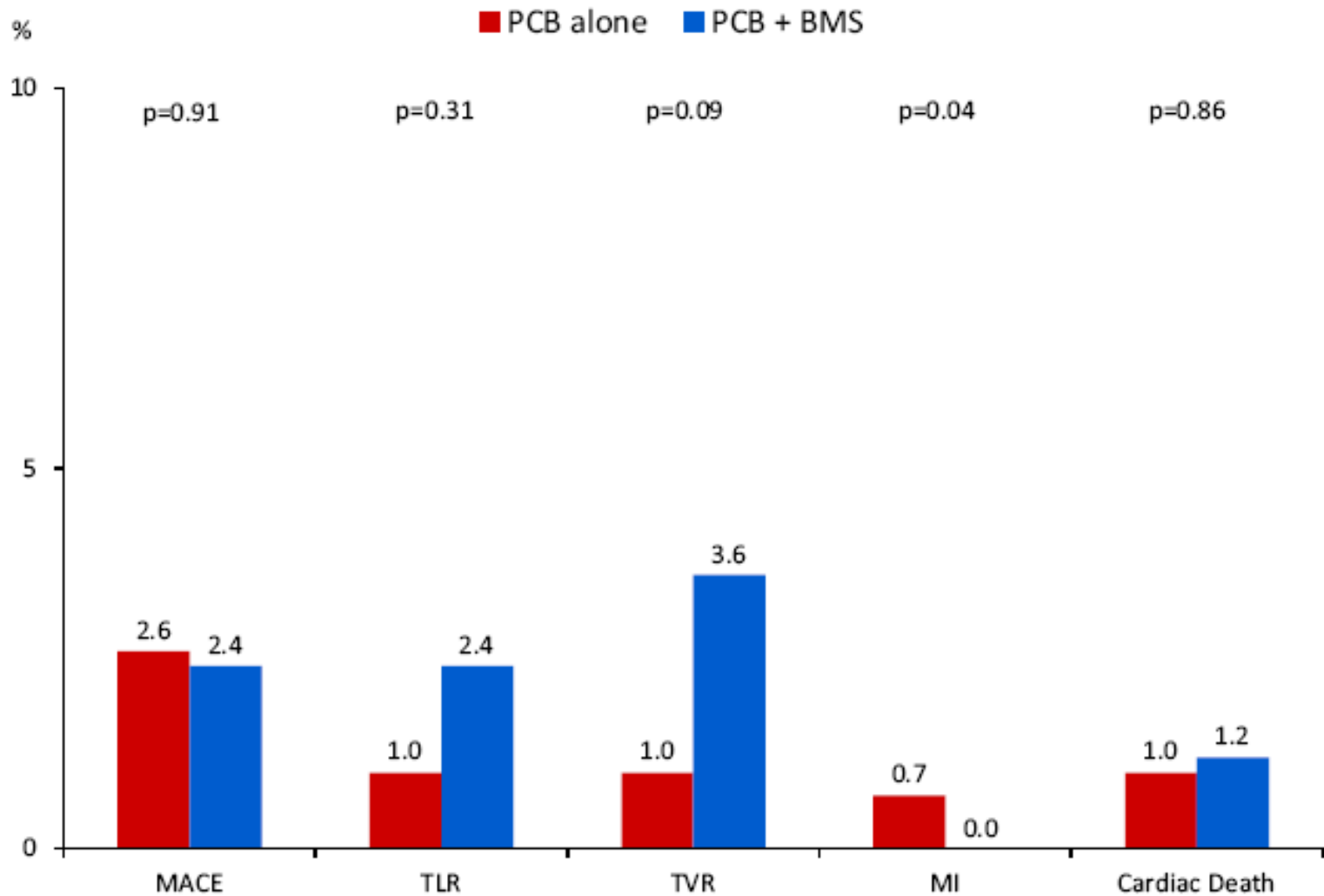
Trial Number of patients	Intervention	Indication	Late lumen loss	Follow-up
PEPCAD I SVD ¹ (n=118)	SeQuent™ Please (n=82) vs. SeQuent™ Please + BMS	De novo, small vessels	0.16 mm	6 months
PEPCAD V ² (n=28)	SeQuent™ Please	De novo, bifurcation (side branch)	0.21 mm	6 months
PICCOLETO ³ (n=60)	Dior™ II (n=29) vs. DES	De novo, small vessels	Not published	6 months
DEBUI ⁴ (n=117)	Dior™ (n=40) vs. Dior™ + BMS vs. DES	De novo, bifurcation	0.11 mm	9 months
Valentines II ⁵	Dior™ II	De novo	0.30 (overall)	6-9 months

¹Unverdorben M et al. *Clin Res Cardiol.* 2010 Mar;99(3):165-74. ²Mathey DG; *Eurointervention* 2011;7:K61-65.

³Cortese B et al. *Heart* 2010;96:1291-1296. ⁴Stella R, *TCT* 2010, ⁵Serra CRT 2012.

SeQuent Please World Wide Registry

PCB Treatment for De Novo Lesions: Clinical Events



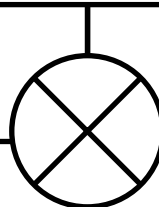
Acute and late thrombosis after DCB in De-novo Lesions

Trial Number of patients	Intervention	Indication	Duration of DAPT	Acute and late thrombosis at follow-up
PEPCAD I SVD ¹ (n=118)	SeQuent™ Please (n=82) vs. SeQuent™ Please + BMS	De novo, small vessels	1 month	DCB: 0%, DCB + BMS: 6.3%
PEPCAD V ² (n=28)	SeQuent™ Please	De novo, bifurcation (side branch)	3 months	DCB: 0%
PICCOLETO ³ (n=60)	Dior™ II (n=29) vs. DES	De novo, small vessels	1 month in cases of stable angina and lone DEB use, 3 months in cases of DEB and provisional stent implantation	DCB: 0%, DES: 0%
DEBUIIT ⁴ (n=117)	Dior™ (n=40) vs. Dior™ + BMS vs. DES	De novo, bifurcation	DEB: 3 months, DEB + BMS: 3 months, DES: 12 months	DCB: 0% DCB + BMS: 0%, DES: 2.5%
Potsdam Heart Center (n=85)⁵	SeQuent™ Please	De novo	5.4 months	DCB: 0%

¹Unverdorben M et al. *Clin Res Cardiol.* 2010 Mar;99(3):165-74. ²Mathey DG; *Eurointervention* 2011;7:K61-65.

³Cortese B et al. *Heart* 2010;96:1291-1296. ⁴Stella R, *TCT* 2010. ⁵Bonaventura K, *TCT* 2012

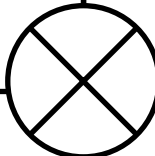
Pre-dilation with conventional balloon, balloon/vessel ratio of 0.8-1.0
(cutting balloon, scoring balloon, high pressure balloon to provide a complete expansion)



acceptable
as final result

major dissection (Type C-F),
residual stenosis $\geq 30\%$,
TIMI flow $< III$

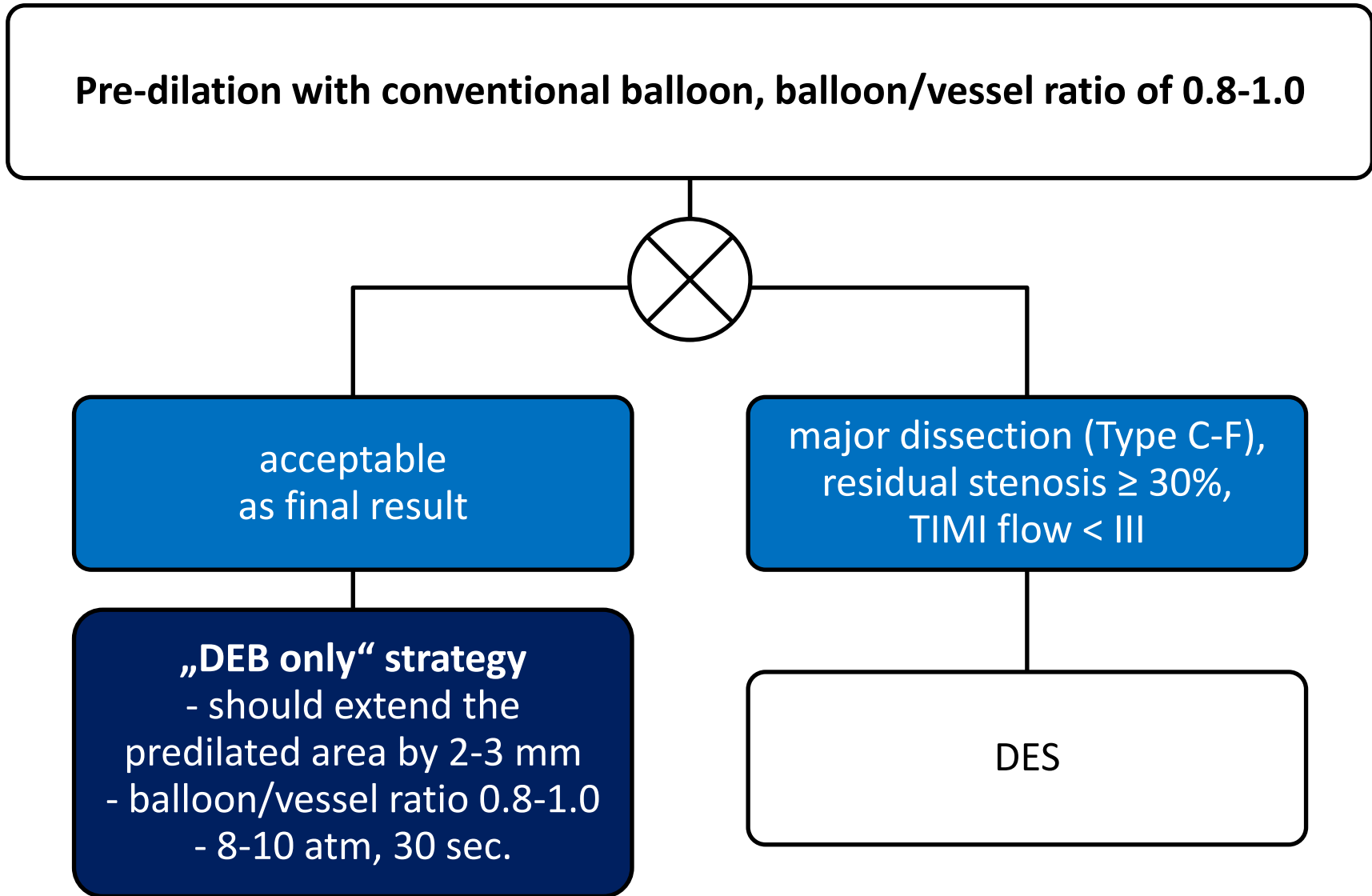
Pre-dilation with conventional balloon, balloon/vessel ratio of 0.8-1.0
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acceptable
as final result

major dissection (Type C-F),
residual stenosis $\geq 30\%$,
TIMI flow $< III$

DES or BMS spot stenting
followed by DCB avoiding
geographic mismatch



Angiographic localized haziness after drug-coated balloon angioplasty in de-novo lesions

- ⇒ The acute results after DCB only intervention might show haziness, however there is a tendency on improvement with time.

Dual Antiplatelet Therapy after Drug-Coated Balloon

⇒ **4 weeks**

DAPT and Triple Therapy as short as possible

- ⇒ Planned surgery
- ⇒ Bleeding event
- ⇒ Increased bleeding risk
- ⇒ Need for oral anticoagulation / triple therapy
 - **Atrial fibrillation**
 - Mechanical heart valve
 - Embolism
 - Thrombophilie
 - ...
- ⇒ Stentthrombosis

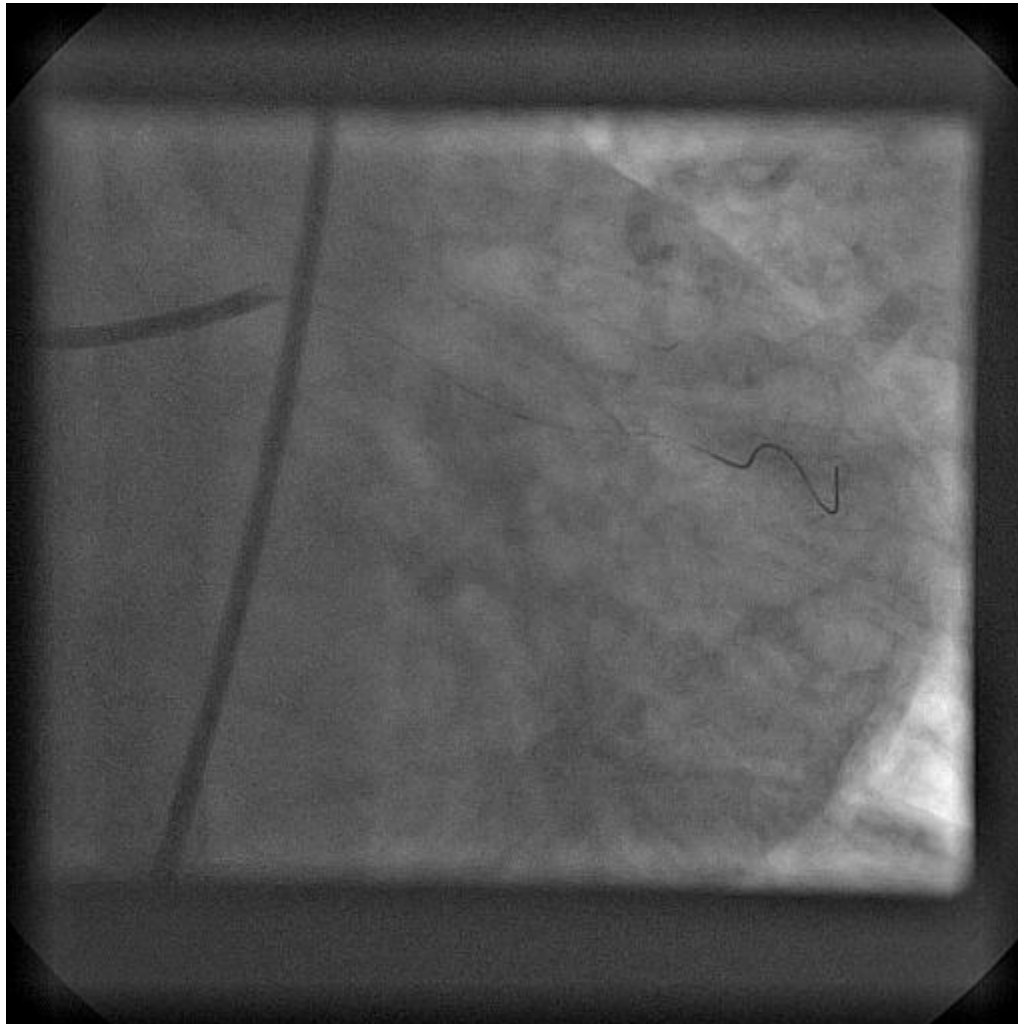
DCB only

- ⇒ Female, 67 years
- ⇒ Elective intervention of M1CX, positive stress test

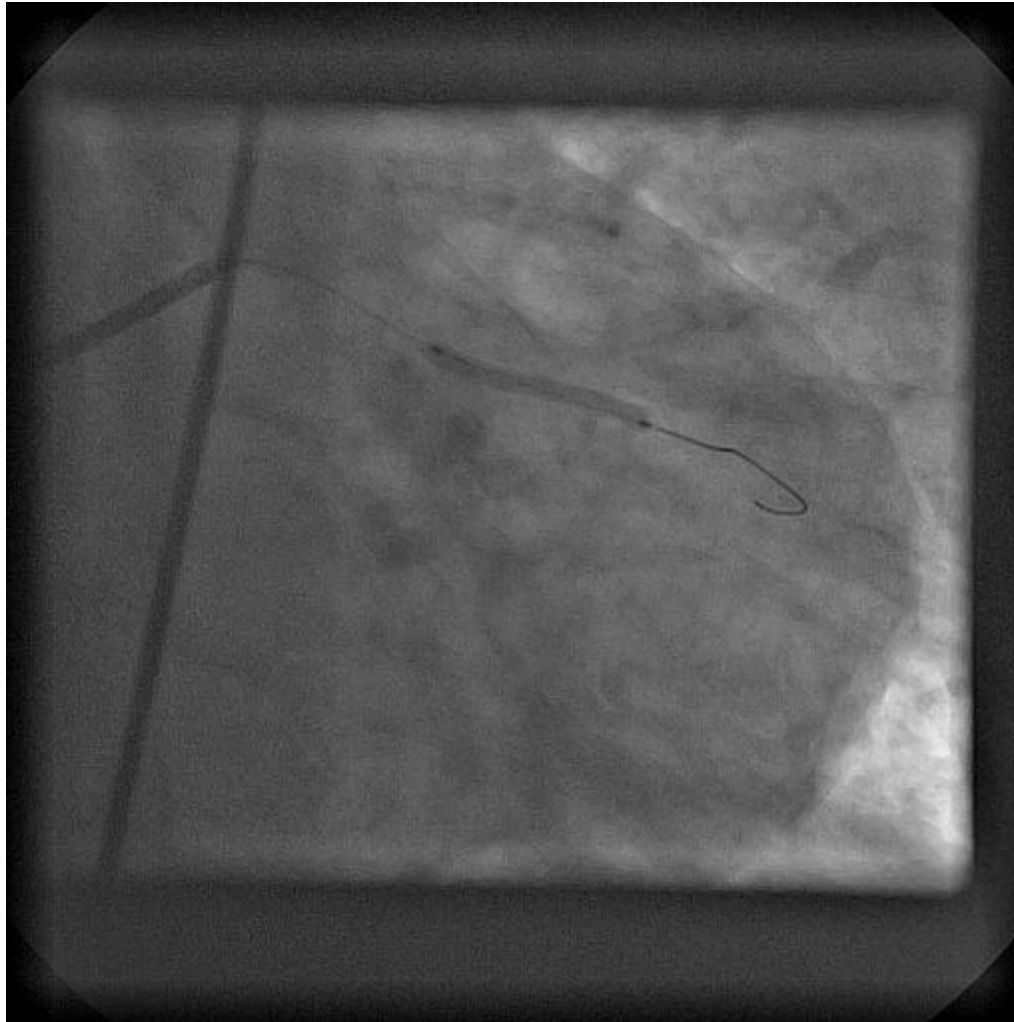
RH, M1CX before 2.5/15 mm balloon



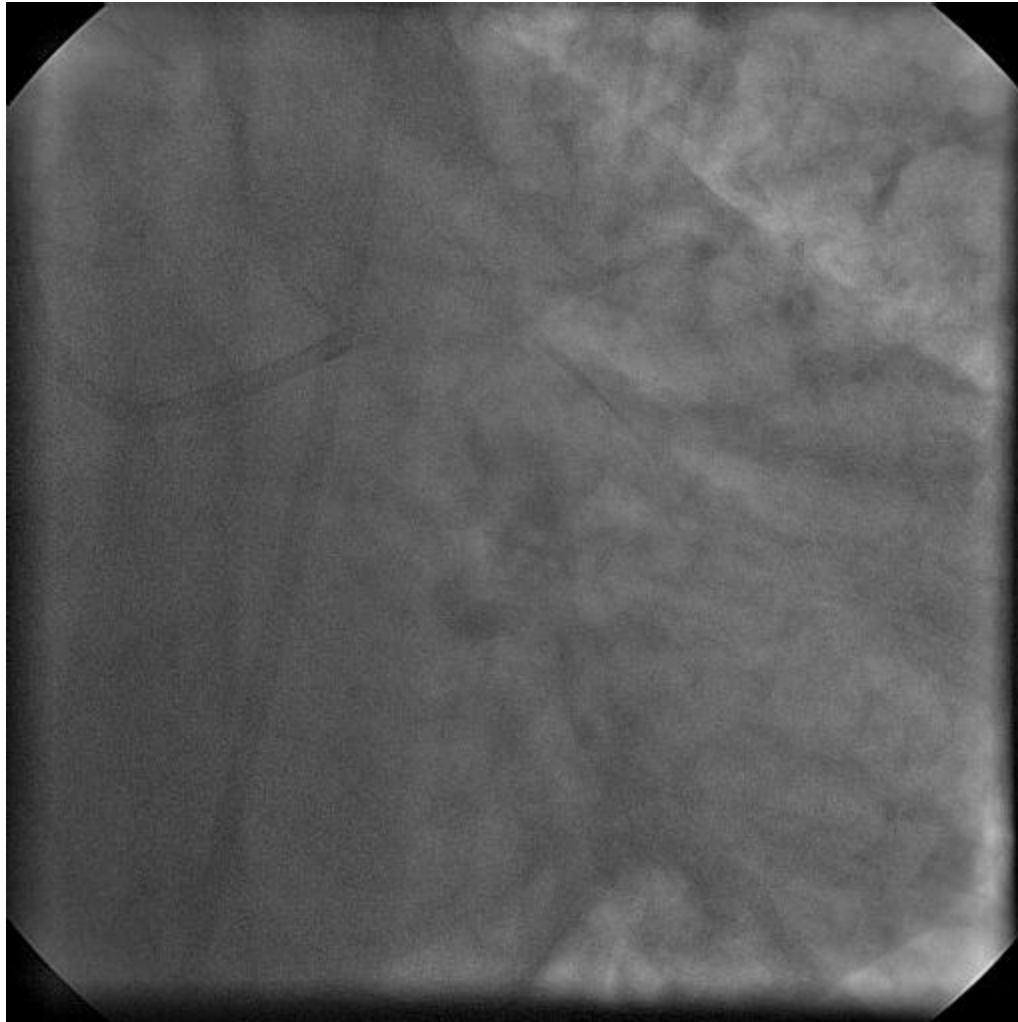
RH, M1CX after 2.5/15 mm balloon



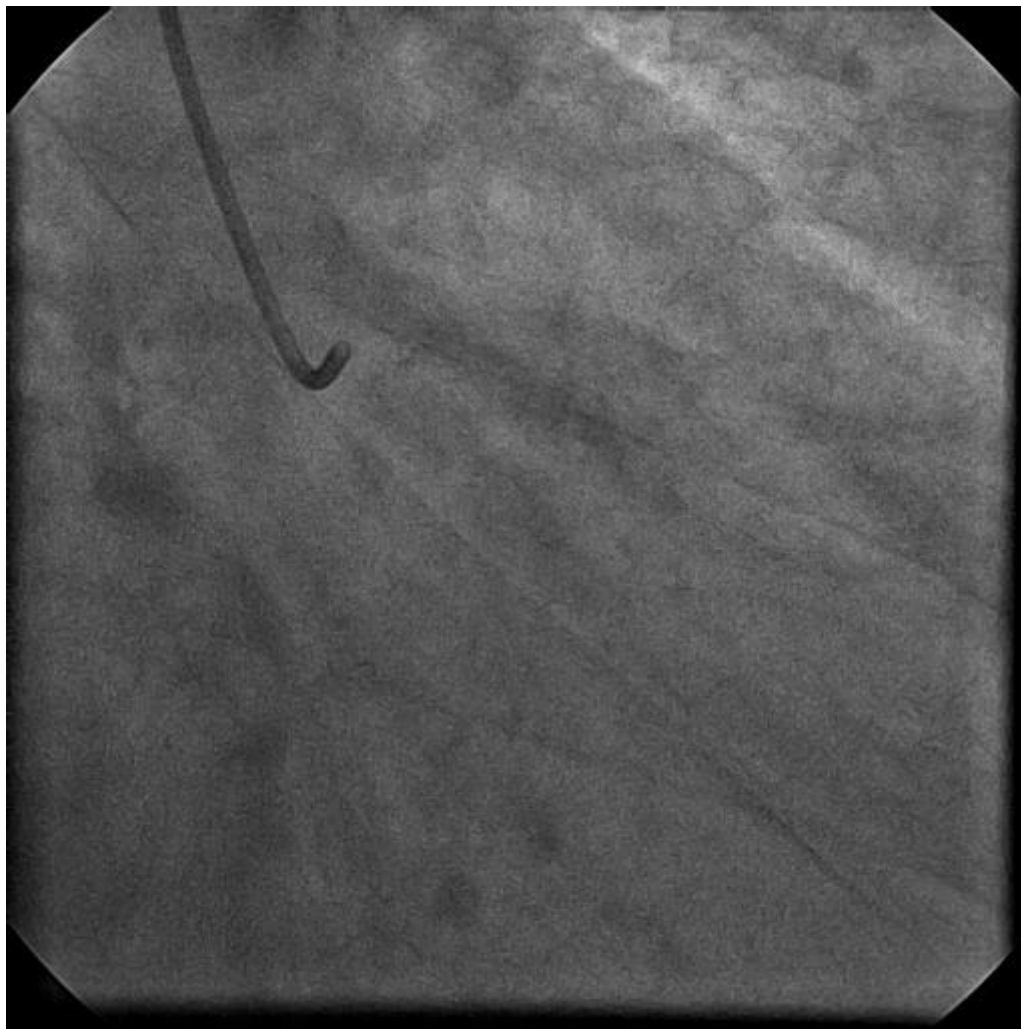
RH, M1CX with DCB 2.5/20 mm *(Sequent Please)*



RH, M1CX, “final result” after DCB only



RH, M1CX, 4 months after DCB only



- ⇒ The use of DCB in **in-stent restenosis, bifurcation lesions** and **small vessel disease** is **established**.
- ⇒ **Favorable results in de-novo coronary artery disease**
- ⇒ **No class-effect** of DCB
- ⇒ DEB only is **not** associated with a higher rate of acute or late **thrombosis**.
- ⇒ Localized **haziness** after DCB angioplasty in de-novo lesions does **not** increase the risk of acute coronary thrombosis.

Conclusions

- ⇒ The possible **reduction in the duration of DAPT** to one month may represent additional advantages regarding safety, patient compliance and costs for the “DCB only” strategy.
- ⇒ **Short period of triple therapy - especially in patients with atrial fibrillation and in patients with increased bleeding risk**

