



## EAPC Nominating Committee elections 2024 – 2026

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# Candidacy for EAPC 2024-2026 elections

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## Curriculum Vitae

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Donata Kurpas



### Present Position

- Full Professor at Wrocław Medical University
- 2022-2024: Chair - EAPC Primary Care and Risk Factor Management Section
- Editor-in-Chief 'Advances in Clinical and Experimental Medicine' (IF 2.1)

### Training and Education

- 1999–2001: internship at the Voivodeship Specialist Hospital, Wrocław, Poland
- 1999: Medical Doctor, Wrocław Medical University, Poland

### Post Graduate Degrees

- 2014–2017: Specialisation in Public Health with a focus on integrated care and services
- 2004–2008: Postgraduate studies in psychotherapy at Collegium Medicum in Kraków, Poland
- 2001–2005: Specialisation in Family Medicine with a focus on integrated care and services

### EAPC/European Society of Cardiology Activities

- Chair - EAPC Primary Care and Risk Factor Management Section
- Member of EAPC Research, Congress Programme and Communication Committee
- Co-author of ESC guidelines and EAPC position papers

### Other (Inter)national Committee(s) Participation

- Board Member of the International Foundation for Integrated Care (IFIC)
- Chair of EURIPA International Advisory Board

### Editorial Boards

- Editor-in-Chief 'Advances in Clinical and Experimental Medicine' (IF 2.1)
- 2014-2018: Editor-in-Chief of the scientific quarterly Family Medicine & Primary Care Review (FM&PCR); my previous positions at FM&PCR include 2003-2013: Scientific Secretary; 2013-2014: Associate Editor.
- Since 2014: Associate Editor of BMC Family Practice, BioMed Central
- 2012-2022: Editor-in-Chief of the scientific quarterly Medical Science Pulse
- Since 2010: member of the Journal of Rural Medicine's scientific committee

### Fellowships / Honours

- EURACT scholar (conference scholarship for young doctors)
- the scholar of the Soros Foundation, Foundation for Polish Science, and Niedzwirski Foundation
- several times received awards from the Rectors of Wrocław Medical University and of Opole Medical School for my academic and teaching work
- the ambassador of the Saint Francis Service Dogs Foundation (Roanoke, VA, USA)
- involved in local charities and have received a "Golden Heart" award from kindergarten children in a village near Wrocław.

### Honorary Memberships

- Honorary Citizen of Roanoke County, VA, USA
- Honorary Citizen of Roanoke, VA, USA

### Major Publications (5-10 most important publications in the field)

- Kurpas D, Mendive JM, Vidal-Alaball J, Petrazzuoli F, Morad M, Kloppe T, Herrman W, Mrduljaš-Đujić N, Kenkre J. European Perspective on How Social Prescribing Can Facilitate Health and Social Integrated Care in the Community. *Int J Integr Care*. 2023 May 5;23(2):13. doi: 10.5334/ijic.7636. PMID: 37151777
- Stefanicka-Wojtas D, Kurpas D. Personalised Medicine-Implementation to the Healthcare System in Europe (Focus Group Discussions). *J Pers Med*. 2023 Feb 21;13(3):380. doi: 10.3390/jpm13030380. PMID: 36983562



- Vassiliou VS, Tsampasian V, Abreu A, Kurpas D, Cavarretta E, O'Flaherty M, Colombet Z, Siegrist M, De Smedt D, Marques-Vidal P. Promotion of healthy nutrition in primary and secondary cardiovascular disease prevention: a clinical consensus statement from the European Association of Preventive Cardiology. *Eur J Prev Cardiol.* 2023 Jun 1;30(8):696-706. doi: 10.1093/eurjpc/zwad057. PMID: 36848268
- Krychtiuk KA, Ahrens I, Drexel H, Halvorsen S, Hassager C, Huber K, Kurpas D, Niessner A, Schiele F, Semb AG, Sionis A, Claeys MJ, Barrabes J, Montero S, Sinnaeve P, Pedretti R, Catapano A. Acute LDL-C reduction post ACS: strike early and strike strong: from evidence to clinical practice. A clinical consensus statement of the Association for Acute CardioVascular Care (ACVC), in collaboration with the European Association of Preventive Cardiology (EAPC) and the European Society of Cardiology Working Group on Cardiovascular Pharmacotherapy. *Eur Heart J Acute Cardiovasc Care.* 2022 Dec 27;11(12):939- 949. doi: 10.1093/ehjacc/zuac123. PMID: 36574353
- Lüthold RV, Jungo KT, Weir KR, Geier AK, Scholtes B, Kurpas D, Wild DMG, Petrazzuoli F, Thulesius H, Lingner H, Assenova R, Poortvliet RKE, Lazic V, Rozsnyai Z, Streit S. Understanding older patients' willingness to have medications deprescribed in primary care: a protocol for a cross-sectional survey study in nine European countries. *BMC Geriatr.* 2022 Nov 30;22(1):920. doi: 10.1186/s12877- 022-03562-x. PMID: 36451180
- Pedretti RFE, Hansen D, Ambrosetti M, Back M, Berger T, Ferreira MC, Cornelissen V, Davos CH, Doehner W, de Pablo Y Zarzosa C, Frederix I, Greco A, Kurpas D, Michal M, Osto E, Pedersen SS, Salvador RE, Simonenko M, Steca P, Thompson DR, Wilhelm M, Abreu A. How to optimize the adherence to a guideline-directed medical therapy in the secondary prevention of cardiovascular diseases: a clinical consensus statement from the European Association of Preventive Cardiology. *Eur J Prev Cardiol.* 2023 Jan 24;30(2):149-166. doi: 10.1093/eurjpc/zwac204. PMID: 36098041
- Szlenk-Czyczerska E, Guzek M, Bielska DE, Ławnik A, Polański P, Kurpas D. Variables Determining Higher Home Care Effectiveness in Patients with Chronic Cardiovascular Disease. *Int J Environ Res Public Health.* 2022 Apr 24;19(9):5170. doi: 10.3390/ijerph19095170. PMID: 35564563
- Szlenk-Czyczerska E, Guzek M, Bielska DE, Ławnik A, Polański P, Kurpas D. The Analysis of the Relationship between the Quality of Life Level and Expectations of Patients with Cardiovascular Diseases under the Home Care of Primary Care



Nurses. *Int J Environ Res Public Health*. 2022 Mar 11;19(6):3300. doi: 10.3390/ijerph19063300. PMID: 35328988

- Kurpas D, Stefanicka-Wojtas D, Shpakou A, Halata D, Mohos A, Skarbaliene A, Dumitra G, Klimatchkaia L, Bendova J, Tkachenko V. The Advantages and Disadvantages of Integrated Care Implementation in Central and Eastern Europe - Perspective from 9 CEE Countries. *Int J Integr Care*. 2021 Nov 8;21(4):14. doi: 10.5334/ijic.5632. PMID: 34824563
- Kurpas D, Petrazzuoli F, Szwamel K, Randall-Smith J, Blahova B, Dumitra G, Javorská K, Mohos A, Simões JA, Tkachenko V, Kern JB, Holland C, Gwyther H. The pros and cons of the implementation of a chronic care model in European rural primary care: the points of view of European rural general practitioners. *Rural Remote Health*. 2021 Aug;21(3):6509. doi: 10.22605/RRH6509. Epub 2021 Aug 30. PMID: 34455798

### Major Research Interest(s)

- Community based EU projects within primary healthcare:

[1] 2023-2027: RAPHAEL - integrating a palliative care approach for patients with advanced heart failure

[2] 2023-2025: EUVABECO - European Vaccination Beyond Covid

[3] 2022-2025: Sapience - Social sciences and Humanities Research to improve health care implementation and everyday life of people living with a rare disease (EJP RD JTC 2021)

[4] 2018–2023: Interregional Coordination for a Fast and Deep Uptake of Personalised Health (Regions4PerMed)

[5] 2015–2018: FOCUS 45/3HP/FOCUS/2015: Frailty management optimization through EIP AHA commitments and utilization of stakeholders' input

[6] 2003–2007: European MedSkills B/04/B/F/PP-144.333



## Vision Statement

As a candidate for the EAPC Nominating Committee, I am driven by a profound commitment to advancing the field of primary care and risk factor management within the European Association of Preventive Cardiology. My extensive experience, as demonstrated by my roles as Full Professor at Wrocław Medical University and Chair of the EAPC Primary Care and Risk Factor Management Section, has equipped me with the knowledge and leadership skills necessary for this position.

I envision a future where the EAPC continues to lead in integrating innovative practices and evidence-based approaches in preventive cardiology. My editorial experience with high-impact journals like 'Advances in Clinical and Experimental Medicine' ensures I am well-versed in our field's latest research and developments.

In my tenure, I have championed interdisciplinary collaboration and integrated care, which are crucial for the holistic management of cardiovascular diseases. I have led and contributed to numerous EU-funded community-based projects, focusing on palliative care, vaccination beyond COVID-19, rare diseases, personalized health, and frailty management. These projects underscore my commitment to improving healthcare delivery and outcomes.

My involvement with international committees, including the International Foundation for Integrated Care and EURIPA International Advisory Board, reflects my dedication to fostering global partnerships and sharing best practices across borders.

As a member of the EAPC Nominating Committee, I will work tirelessly to identify and support leaders who share our vision for excellence in preventive cardiology. Together, we can ensure that the EAPC remains at the forefront of cardiovascular health, driving initiatives that benefit patients and healthcare systems alike.



# Candidacy for EAPC 2024-2026 elections

## Curriculum Vitae

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### David Niederseer

MD, PhD, BSc, FESC, FHFA



### Present Position

- 11/2023 - Consultant Cardiologist (Leitender Arzt), Department of Cardiology, Hochgebirgsklinik Davos, Medicine Campus Davos, Davos, Switzerland (Head of Department: Dr. Vontobel)
- 11/2023 - Head of Research, Hochgebirgsklinik Davos, Medicine Campus Davos, Davos, Switzerland
- 11/2023 - Group Leader (Co-lead together with Professor Christian Schmied): Sports and Exercise Cardiology, Center of Experimental and Translational Cardiology, Department of Cardiology, University Hospital Zurich, University of Zurich, Zurich, Switzerland

### Training and Education

- 07/2019-10/2023 Consultant Cardiologist (Oberarzt), Department of Cardiology, University Hospital Zurich; Consultant for Preventive Cardiology and Sports Cardiology, Zurich, Switzerland (Head of Department: Professor Ruschitzka)
- 10/2020-10/2023 Deputy Head of the Outpatient Clinic of Department of Cardiology, and Deputy Head of Swiss Olympic Medical Base, University Hospital Zurich (Head of Outpatient Clinic: Prof. Schmied)
- 07/2019-10/2023 Head of Cardiac Rehabilitation at the Department of Cardiology, University Hospital Zurich

- 03/2018-07/2019 Junior Consultant Cardiologist (Oberarzt i.V.), Department of Cardiology, University Hospital Zurich; Acute Cardiology, Cardiac Rehabilitation and Sports Cardiology, Zurich, Switzerland (Professor Ruschitzka)
- 03/2018-04/2018 Consultant Cardiologist (Oberarzt, part-time), Zürcher RehaZentrum Wald, Department of Cardiovascular Rehabilitation, Wald, Switzerland (Professor Hermann)
- 05/2015-03/2018 Resident of Cardiology, University Hospital Zurich, Switzerland (Professor Lüscher and Professor Ruschitzka)
- 05/2011-04/2015 Resident of Internal Medicine, Department of Internal Medicine, General Hospital Oberndorf, Austria (Professor Datz)

### Post Graduate Degrees

- 2021 -2024 Executive MSc Health Economics, Outcomes and Management in Cardiovascular Sciences Joint collaboration between the European Heart Academy of European Society of Cardiology and London School of Economics (LSE)
- 2022 Habilitation, University of Zurich
- 09.02.2021 Dr.med. (MD) University of Zurich, Switzerland
- 2020 Leadership Course, Education Center, University Hospital Zurich
- 25.10.2019 Certificate of Advanced Studies in Heart Failure (CAS), University of Zurich (Postgraduate Course in Heart Failure, European Heart Academy)
- 20.03.2012 Doctor of Philosophy (Molecular Medicine, PhD) summa cum laude, Paracelsus Medical University Salzburg, Department of Sports Medicine, Prevention and Rehabilitation, Austria, Professor Niebauer
- 28.10.2010 Bachelor of Science (BSc, Sports Science), University of Innsbruck
- 19.09.2008 Dr.med.univ. (MD) Medical University Innsbruck, Austria



## **EAPC/European Society of Cardiology Activities**

2023- Opti(MI)se: Work Package 1(Member), Work Package 3 (Co-Lead)

2022- Nucleus Member: Sports Cardiology and Exercise Section, European Association of Preventive Cardiology, European Society of Cardiology

2022- National Cardiovascular Prevention Coordinator (NCPC) of Austria, European Association of Preventive Cardiology, European Society of Cardiology, Appointed by the President of the Austrian Society of Cardiology

2022- Certification Task Force Member, European Association of Preventive Cardiology, European Society of Cardiology

2022- Member, Prevention Implementation Committee, European Association of Preventive Cardiology, European Society of Cardiology

2018-2022 EAPC: Young Ambassador Switzerland

2018-2022 Full elected member: Committee of Exercise training and testing in heart failure, Heart Failure Association, European Society of Cardiology

## **Other (Inter)national Committee(s) Participation**

2020-2022 Member of an academic writing committee of the European Federation of Sports Medicine Associations (EFSMA) and International Federation of Sports Medicine (FIMS)

2022- National Representative for Austria: Guideline for cardiac rehabilitation in the German speaking countries of Europe ("S3-Leitlinie Kardiologischen Rehabilitation (LL-KardReha) im deutschsprachigen Raum Europas Deutschland, Österreich, Schweiz (D-A-CH))

2020-2022 Member of scientific board of Swiss Olympic on return to training and competition after COVID-19

2019-2020 Official reviewer of a Guideline for cardiac rehabilitation in the German speaking countries of Europe ("S3-Leitlinie Kardiologischen Rehabilitation (LL-KardReha) im deutschsprachigen Raum Europas Deutschland, Österreich, Schweiz (D-A-CH))

2019- Head of Working Group of Prevention, Rehabilitation and Sports Cardiology of the Austrian Society of Cardiology

2019- Nucleus Member of Austrian Society of Sports Medicine and Prevention

2019- Member of the working group of sports cardiology of the Swiss Society of Cardiology

2017- Coordinator and lead author of guideline on exercise testing: German speaking countries (D-A-CH)

2015-2018 Member of SCOT (Swiss Cardiologists of Tomorrow), Working group of the Swiss Society of Cardiology

2013-2015 Nucleus Member and Vice Chairperson of the Cardiologists of Tomorrow, Working group of the Austrian Society of Cardiology

## Editorial Boards

### Associate Editor:

2020-2022: European Heart Journal – Case Reports

### Guest Editor:

Sensors (Special Issue "Wearable Sensors for Health and Physiological Monitoring")

Scandinavian Journal of Medicine and Science in Sports (Special Issue "Active commuting as a novel option to counteract sedentary lifestyle")

Frontiers in Cardiovascular Medicine: The Gut-Heart Axis

EAPC Sports Cardiology Quiz: Section Editor

### Reviewer: Journals (30):

- |   |   |
|---|---|
| 1. European Heart Journal                     | 17. Sports  |
| 2. Annals of Internal Medicine                | 18. Scandinavian Journal of Medicine and Science in Sports            |
| 3. British Medical Journal                    | 19. British Medical Journal Open Sport & Exercise Medicine            |
| 4. European Journal of Preventive Cardiology  | 20. European Heart Journal – Case Reports                             |
| 5. EP Europace                                | 21. Cardiovascular Medicine   |
| 6. International Journal of Cardiology        | 22. Medicina  |
| 7. American Journal of Cardiology             | 23. International Journal of Molecular Sciences                       |
| 8. American Journal of Medicine               | 24. Journal of Clinical Medicine                                      |
| 9. European Journal of Clinical Investigation | 25. International Journal of environmental research and public health |
| 10. International Journal of Sports Medicine  | 26. British Medical Journal – Case reports                            |
| 11. Sleep and Breathing                       | 27. Trends in Cardiovascular Medicine                                 |
| 12. PLOS One                                  | 28. Canadian Journal of Cardiology                                    |
| 13. European Journal of Sports Science        | 29. Clinical Epidemiology   |
| 14. Journal of Sports Sciences                | 30. Clinical Medicine Insights: Cardiology                            |
| 15. Frontiers in Physiology                   |   |
| 16. Journal of Diabetes Research              |   |

Abstract Reviewer for Congresses:

European Society of Cardiology, Austrian Society of Cardiology, Swiss Society of Cardiology, European Association of Preventive Cardiology

## **Fellowships / Honours**

- 2020            Scholarship of the European Society of Cardiology (£15,500) for Executive MSc Health Economics, Outcomes and Management in Cardiovascular Sciences Joint collaboration between the European Heart Academy of European Society of Cardiology and London School of Economics (LSE)
- 2020            Fellowship of the Heart Failure Association (HFA) of the ESC
- 2019            Fellowship of the European Society of Cardiology (FESC)
- 2018            VCÖ (VerkehrsClub Österreich)-Scientific Award 2018 for GISMO Project (Geographical Information Support for Healthy Mobility) by the leading Austrian NGO on Traffic and Mobility
- 2013            Wilhelm Auerswald Award for the best medical thesis in Austria (6th place)
- 2011            German Society of Sports Medicine and Prevention: 3rd Poster Award at 42. Deutscher Sportärztekongress, Frankfurt/Main
- 2010            FIS-Young Investigator Award (2nd place) at 5th International Congress on Science and Skiing (ICSS), St. Christoph am Arlberg
- 2009            German Society of Sports Medicine and Prevention: 3rd Poster Award at 41. Deutscher Sportärztekongress, Ulm
- 2009            European Society of Cardiology: European Association of Cardiovascular Prevention and Rehabilitation; EuroPREvent 2009, Stockholm: Young Investigator Award Winner (Topic: Heart failure and Exercise Training)
- 2006-2007      Achievement Stipend, Medical University Innsbruck, Austria
- 2015, 2014, 2012: Paracelsus Medical University: Science Award Gold (Silver: 2013, 2008)

## **Honorary Memberships**

None.

## Major Publications (5-10 most important publications in the field)

Pubmed (148 entries): <https://pubmed.ncbi.nlm.nih.gov/?term=niederseer+d&sort=date>

Google Scholar: 4572 Citations, H-Index 32

Clarivate Web of Science: 176 Publications, 2704 Citations, H-Index 24

1. van der Stouwe JG, Rossi VA, Ghidoni C, Würzburger L, Wiech P, Schweiger V, Petrasch G, Moser G, Schmied CM, Vontobel J, Caselli S, **Niederseer D**. Effect of a hypertensive response during exercise on growth rates of aortic diameters. *Am J Hypertens*. 2024 May 2;hpae050. doi: 10.1093/ajh/hpae050. Online ahead of print.
2. Palermi S, Vecchiato M, Saglietto A, **Niederseer D**, Oxborough D, Ortega-Martorell S, Olier I, Castelletti S, Baggish A, Maffessanti F, Biffi A, D'Andrea A, Zorzi A, Cavarretta E, D'Ascenzi F. Unlocking the potential of artificial intelligence in sports cardiology: does it have a role in evaluating athlete's heart? *Eur J Prev Cardiol*. 2024 Mar 4;31(4):470-482. doi: 10.1093/eurjpc/zwae008.
3. Huwiler S, Carro-Domínguez M, Stich FM, Sala R, Aziri F, Trippel A, Ryf T, Markendorf S, **Niederseer D**, Bohm P, Stoll G, Laubscher L, Thevan J, Spengler CM, Gawinecka J, Osto E, Huber R, Wenderoth N, Schmied C, Lustenberger C. Auditory stimulation of sleep slow waves enhances left ventricular function in humans. *Eur Heart J*. 2023 Oct 21;44(40):4288-4291. doi: 10.1093/eurheartj/ehad630.
4. Adamopoulos S, Miliopoulos D, Piotrowicz E, Snoek JA, Panagopoulou N, Nanas S, **Niederseer D**, Mazaheri R, Ma J, Chen Y, Popovic D, Seferovic P, Girola D, Corrà U, Coats AJS, Metra M, Rosano GMC, Volterrani M, Apostolo A, Campodonico J, Salvioni E, Agostoni P, Piepoli M. International validation of the Metabolic Exercise test data combined with Cardiac and Kidney Indexes (MECKI) score in heart failure. *Eur J Prev Cardiol*. 2023 Sep 20;30(13):1371-1379. doi: 10.1093/eurjpc/zwad191.
5. Würzburger L, Wiech P, Rossi VA, Neunhäuserer D, Caselli S, Schmied CM, **Niederseer D**. Hypertensive Response to Exercise in Athletes: Unremarkable Finding or Relevant Marker for Future Cardiovascular Complications? *Int J Hypertens*. 2022 Nov 1;2022:8476751. doi: 10.1155/2022/8476751. eCollection 2022.
6. Gülan U, Rossi VA, Gotschy A, Saguner AM, Manka R, Brunckhorst CB, Duru F, Schmied CM, **Niederseer D**. A comparative study on the analysis of hemodynamics in the athlete's heart. *Sci Rep*. 2022 Oct 5;12(1):16666. doi: 10.1038/s41598-022-20839-8.

7. Caselli S, Cicconetti M, **Niederseer D**, Schmied C, Attenhofer Jost C, Pelliccia A. Left ventricular hypertrophy in athletes, a case-control analysis of interindividual variability. *Int J Cardiol.* 2022 Feb 1;348:157-162. doi: 10.1016/j.ijcard.2021.12.009. Epub 2021 Dec 9.
8. Bohm P, Scharhag J, Egger F, Tischer KH, **Niederseer D**, Schmied C, Meyer T. Sports-Related Sudden Cardiac Arrest in Germany. *Can J Cardiol.* 2021 Jan;37(1):105-112. doi: 10.1016/j.cjca.2020.03.021. Epub 2020 Mar 23.
9. **Niederseer D**, Rossi VA, Kissel C, Scherr J, Caselli S, Tanner FC, Bohm P, Schmied C. Role of echocardiography in screening and evaluation of athletes. *Heart.* 2020 Nov 17;heartjnl-2020-317996. doi: 10.1136/heartjnl-2020-317996. Online ahead of print .
10. **Niederseer D**, Schmied C, Niebauer J, Loidl M. Geographical Information Support for Health Mobility-Promoting active commuting as a novel option to counteract sedentary lifestyle. *Scand J Med Sci Sports.* 2020 Aug;30 Suppl 1:5-7. doi: 10.1111/sms.13533.

### Major Research Interest(s)

- Sports Cardiology
- Pre-participation screening
- Athlete's heart
- Echocardiography
- Preventive Cardiology
- Cardiovascular Risk Factors
- Cardiac Rehabilitation
- Exercise Testing



## Vision Statement

Dear Colleagues,

I herewith apply for the prestigious position to become member of the Nominating Committee of our association.

Sports, exercise, and prevention is simply part of my life: as a sports cardiologist, but also as a former professional triathlete, as sports scientist, as certified triathlon coach, as lecturer of sports medicine and preventive cardiology, and as former team physician of the Swiss junior ice hockey national team.

There has been an explosion of knowledge in the field of preventive cardiology in the past years. I consider myself an expert in this field and love to work both clinically and scientifically in preventive cardiology. However, also work in working groups, committees, national and international medical societies is very important in implementing the knowledge on a political and societal level. Prevention is needed, both on an individual but also on a population level! For this reason, I recently completed an Executive MSc at the London School of Economics and try to be involved in preventive cardiology societies as much as possible both on a national level but also in the EAPC/ESC.

The mission of the ESC is to reduce the burden of cardiovascular disease. If I am honoured to be elected to be member of the Nominating Committee, I will try my very best and will work hard within the given responsibilities to further strengthen the EAPC toward this mission.

David Niederseer



# Candidacy for EAPC 2024-2026 elections

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## Curriculum Vitae

Antonio Pelliccia



### Present Position

- **Senior consultant and Chief of Cardiology**, Institute of Sports Medicine and Science, Italian. National Olympic Committee. Largo Piero Gabrielli, 1. Rome 00197, Italy.
- **Professor of Sports Cardiology**, Post-Graduate School in Cardiovascular Disease and Sports Medicine. University Medical School. Rome, Italy.
- **Adjunct Professor in Sports Cardiology**. Tufts University Medical School, Boston, MA. USA
- **Consultant Sport Cardiologist**, Monzino Cardiology Hospital, Milan
- **Editor in Chief**, Journal Sport Medicine and Physical Fitness

### Training and Education

- 1969-1975: University Medical School Sapienza University of Rome, Italy
- 1975 MD at the Sapienza University of Rome, graduation with 110/110 cum laude
- 1980 Visiting Scientist at Cardiology Department, University of Medical School in Padua.
- 1988 and 1989 Visiting Scientist under the supervision of Prof. Barry J. Maron: National Institute of Health, Cardiology Branch, Bethesda, Maryland.
- 1992 Visiting Scientist at the University Hospital of the Georgetown University in Washington D.C., with participation in clinical and academic activities of the Cardiology and Internal Medicine Division.
- 1997 to 2018 Visiting Cardiologist at the New England Medical Center of the TUFTS University in Boston.



### **Post Graduate Degrees**

- 1976-1978: Clinical and Research Fellowship in Cardiovascular Disease, Sapienza University of Rome, Italy.
- 1978 Specialist in Cardiovascular Disease, at the Sapienza University of Rome, with 70/70 cum laude graduation
- 1978-1979. Clinical and Research Fellowship in Sports Medicine, Sapienza University of Rome, Italy
- 1979 Specialist in Sports Medicine, at the Sapienza University of Rome, with 70/70 cum laude graduation.

### **EAPC/European Society of Cardiology Activities**

- Since 2004, I have been involved in the scientific life of the European Association of Preventive Cardiology (formerly EACPR, the EAPC), by participating actively to the constitution of the Sport Cardiology section.
- During the period 2004-2006, I organized the working groups within the Sport Cardiology Section to write the first European Recommendations for eligibility to competitive sports in athletes with cardiovascular diseases (Eur Heart J. 2005;26:1422-45) and the European Proposal for cardiovascular screening of competitive athletes (Eur Heart J. 2005; 26:516-24).
- In 2006 I became Chairman of the Sport Cardiology Section. I prompted the Recommendations for participation in competitive sport and leisure-time physical activity in individuals with cardiac disease (Eur J Cardiovasc Prev Rehabil. 2006);
- By 2008, as past-chairman I participated actively to the life of the Sport Cardiology Section, acting as advisor and supporting the major scientific initiatives.
- Since 2010 I have participated to the activity of the Science and Guidelines Committee for revision of papers and statement of the sections before their endorsement by the EAPC.
- In 2011 nominated President-elect of the EACPR. In 2012 and 2013 actively involved in the Executive Board meetings and delegations to represent the EAPC. On active preparation for the 2014 position of President of the EAPC.
- 2014 to 2016 as President of the EAPC, I focused on the scientific activity of the Association, by promoting position papers (in collaboration with the other ESC Associations) on indication and interpretation of imaging techniques in athletes; prevention of atrial fibrillation in senior athletes; Critical appraisal of the



preparticipation CV screening in athletes. I also promoted the first Textbook of Sport Cardiology, edited by the ESC.

#### **Other positions within the European Society of Cardiology:**

- In the period 2016-18 I have also served in the Nominating Committee, as member designated by the EAPC. This experience was particularly rewarding in terms of consolidating my knowledge of the regulations and functioning of the ESC constituent bodies. Moreover, this was a unique experience for personal contacts and experience exchanges with the professionals serving in the changing ESC boards.
- In the same period, I was honored to be a member of the CPC. I was confronting with a large community of scientists to organize the scientific program for the congress. While I was prone to give visibility to the sport cardiology topics, I was keen to promote the contribution and give visibility to young scientists, including a large proportion of women colleagues.
- From 2017 to present I'm member of the SACC. I'm working in this committee to evaluate the proposal of educational events primarily in the field of exercise, sport and preventive cardiology.
- From the 2020 to present: Elected member of the Audit Committee of the ESC. I'm working in this committee to evaluate and advise the ESC governance regarding financial assets and strategies.

#### **Other (Inter)national Committee(s) Participation**

- Since 2009, I have been involved with the International Olympic Committee (IOC) Medical and Scientific Commission. I was active member of the panel of experts that prompted the IOC endorsement for the periodic evaluation of Olympic athletes to prevent health injuries and cardiac events (Br J Sports Med. 200; Sep;43(9):631-43 and Clin J Sport Med 2009;19:347–365).
- As a member of the IOC Medical and Scientific Commission, I participated to the meetings and gave my advices for organization of scientific events and educational courses. Of notice, in April 6-9th, 2011, I gave the introductory key-note lecture to the IOC World Conference on "Prevention of Injury & Illness in Sport", with the title of "Sudden cardiac death in athletes".



**EAPC**

European Association  
of Preventive Cardiology

- In 2011 I organized and chaired the first Intensive Course on “ECG interpretation in athletes” for team and NOCs physicians, held in the IOC headquarters in Lausanne. In August 2012, during the Olympic Games, I organized a teaching course focused on the ECG implementation in screening elite athletes. From then, I became the responsible scientist to organize the education of team and sport physicians in the area of CV evaluation and management of athletes with CV abnormalities. In this context, I have been organizing every year a Course on Sport Cardiology, based on two-days full immersion program, including didactical and practical sessions. This educational event has gained success and popularity in the subsequent years and has become one of the major educational assets of the IOC.
- In 1983, I was among the founding Members the Italian Society of Sports Cardiology (SIC Sport).
- Since 1983 I actively participated as an honorary Fellow to the scientific life of the SIC Sport, either as lecturer in the National Meetings, or faculty member in the educational courses that the society organizes periodically in Italy. In 2013 I was elected as Deputy-President and in the 2015 I became the President of the Italian Society of Sport Cardiology. During my presidency, I organized the revision and update of the Italian Guidelines for Eligibility to Sport Participation in Athletes with CV diseases. These Guidelines represent in Italy the referral document for trials in case of cardiologist’s malpractice. Of notice, the criteria for eligibility supported by the Italian GLs were also duplicated in large part in the subsequent European documents.
- Since 1986, Member and, since 1994, Fellow of the American College of Sports Medicine

### **Editorial Boards**

- 1985 to 2014, Deputy Editor of The Journal of Sports Medicine and Physical Fitness. Minerva Medica Publ. Torino.
- Since 214 to present, Editor-in-Chief of The Journal of Sports Medicine and Physical Fitness. Minerva Medica Publ. Torino.
- 1987-2000, Managing Editor of the International Journal of Sports Cardiology. C.E.P.I. Publ. Rome.
- 1990-95, Member of the Editorial Board of the Clinical Journal of Sports Medicine. Raven Press Publ. New York.



**ESC**

European Society  
of Cardiology



## Fellowships / Honours

- 2008. Honor of “Commendatore al merito della Repubblica Italiana” for scientific and professional achievement.
- 2011 Honor of Stella al Merito Sportivo, delivered by the Italian National Olympic Committee for the scientific and professional service to Olympic Italian athletes
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## Honorary Memberships

- Italian Society of Sport Cardiology
- Italian Federation of Sport Medicine
- European Association Preventive Cardiology (silver)
- European Society of Cardiology (Fellow)

## Major Publications (5-10 most important publications in the field)

1. Pelliccia A., Maron BJ., Spataro A., Proshan M., Spirito P: "The upper limit of physiologic cardiac hypertrophy in highly trained elite athletes". *N. Engl. J. Med.* **1991; 324: 295-301.**
2. Maron B.J., Pelliccia A., Spirito P.: "Cardiac disease in young trained athletes: insights into methods for distinguishing athlete's heart from structural heart disease, with particular emphasis on hypertrophic cardiomyopathy". *Circulation* **1995; 91: 1596-1601.**
3. Pelliccia A., BJ. Maron, F. Culasso, A. Spataro, G. Caselli: "Athletes heart in women. Echocardiographic characterization of highly trained elite female athletes". *JAMA* **1996; 276: 211-216.**
4. Pelliccia A., F. Culasso, FM. Di Paolo and BJ. Maron: "Physiological left ventricular cavity dilatation in elite athletes". *Ann Intern Med* **1999; 130: 23-31.**
5. Pelliccia A., BJ. Maron, F Culasso, FM. Di Paolo, A Spataro, A Biffi, G Caselli and P Piovano. "Clinical significance of abnormal electrocardiographic patterns in trained athletes". *Circulation* **2000; 102: 278-84.**
6. Pelliccia A, Fagard R, Bjornstad HH, Anastassakis A, Arbustini E, Assanelli D, Biffi A, et . Study Group of Sports Cardiology of the Working Group of Cardiac Rehabilitation and Exercise Physiology; Working Group of Myocardial and Pericardial Diseases of the European Society of Cardiology. Recommendations



for competitive sports participation in athletes with cardiovascular disease: a consensus document from the Study Group of Sports Cardiology of the Working Group of Cardiac Rehabilitation and Exercise Physiology and the Working Group of Myocardial and Pericardial Diseases of the European Society of Cardiology. *Eur Heart J.* 2005;26:1422-45.

7. Pelliccia A, Di Paolo FM, Corrado D, Buccolieri C, Quattrini FM, Pisicchio C, Spataro A, Biffi A, Granata M, Maron BJ. Evidence for efficacy of the Italian national pre-participation screening programme for identification of hypertrophic cardiomyopathy in competitive athletes. *Eur Heart J.* 2006;27(18):2196-2200.
8. Pelliccia A, Di Paolo FM, Quattrini FM, Basso C, Culasso F, Popoli G, De Luca R, Spataro A, Biffi A, Thiene G, Maron BJ. Outcomes in athletes with marked ECG repolarization abnormalities. *N Engl J Med.* 2008 10;358(2):152-61.
9. Pelliccia A, Caselli S, Sharma S, Basso C, Bax JJ, Corrado D, D'Andrea A, D'Ascenzi F, Di Paolo FM, Edvardsen T, Gati S, Galderisi M, Heidbuchel H, Nchimi A, Nieman K, Papadakis M, Pisicchio C, Schmied C, Popescu BA, Habib G, Grobbee D, Lancellotti P; Internal reviewers for EAPC and EACVI . European Association of Preventive Cardiology (EAPC) and European Association of Cardiovascular Imaging (EACVI) joint position statement: recommendations for the indication and interpretation of cardiovascular imaging in the evaluation of the athlete's heart. *Eur Heart J.* 2018 Jun 1;39(21):1949-1969. doi: 10.1093/eurheartj/ehx532
10. Pelliccia A, Sharma S, Gati S, Bäck M, Börjesson M, Caselli S, Collet JP, Corrado D, Drezner JA, Halle M, Hansen D, Heidbuchel H, Myers J, Niebauer J, Papadakis M, Piepoli MF, Prescott E, Roos-Hesselink JW, Graham Stuart A, Taylor RS, Thompson PD, Tiberi M, Vanhees L, Wilhelm M; ESC Scientific Document Group. 2020 ESC Guidelines on sports cardiology and exercise in patients with cardiovascular disease. *Eur Heart J.* 2020 Aug 29;ehaa605. doi: 10.1093/eurheartj/ehaa605.

### Major Research Interest(s)

- Strategies to improve the level of physical activity and sport participation in sedentary individuals.
- Implementation of screening program for cardiovascular disease in athletic populations.



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- Evaluation of the cardiac remodeling and left ventricular hypertrophy induced by exercise conditioning. Criteria of differential diagnosis of “athlete’s heart” from structural cardiac disease, with special regard to cardiomyopathies.
- Definition of appropriate criteria for interpretation of the 12-lead ECG in trained individuals.
- Indication and interpretation of the Imaging technique in cardiovascular evaluation of athletes
- Clinical assessment and recommendations for sport participation in athletes with cardiovascular disease.

### **Vision Statement**

I already had the privilege to serve as President (2014 to 2016) of the Association. I have always been a strong believer in the cardiovascular prevention, and I tried to push exercise to the forefront of this strategy. During my presidency and afterward, I made a substantial contribution to spread the culture of Preventive Cardiology, seen as behavioral approach to improve the “cardiovascular health”, which is now viewed as the goal within the cardiology community.

Indeed, I was very keen to attract young scientists and professionals in the area of Preventive Cardiology, and during my leadership, I gave a special impetus to start up the community of young scientists within our Association.

From previous experiences I have learned that success is a matter of energy and commitment. My candidacy in the Nominating Committee of the EAPC is now raising with the same spirit: I believe that we have the opportunity to contribute for new achievements of the EAPC, with the goal to establish a prolific endeavor for better scientific and educational activities.

I’m conscious of the relevance and the sensitivity of this role and I will put forward all my efforts to assist the Nominating Committee in the policy related to the identification and motivation of the most efficient people to manage the various activities of the EAPC.

I will also assure that an ethical conduct policy and transparency of the EAPC policy is implemented by the Board.



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# Candidacy for EAPC 2024-2026 elections

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## Curriculum Vitae

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### Hanne Kruuse Rasmussen

#### Present Position

- Consultant cardiologist (Department (Dept.) of Cardiology, Bispebjerg Hospital) with responsibilities including the establishment and operation of the Sports Cardiology Clinic (2008-) and cardiac rehabilitation.
- Associate clinical professor, Faculty of Health and Medical Sciences, University of Copenhagen since 2012.

#### Training and Education

- MD, University of Copenhagen (UCPH), 1990
- Ph.D., Faculty of Health Sciences, UCPH, 1996
- Certified Specialist in Internal Medicine, 2002
- Certified Specialist in Cardiology, 2006
- Master of Sports Cardiology with distinction, St. George University, London, 2021.

#### Post Graduate Degrees

- Ph.D., Faculty of Health Sciences, UCPH, 1996
- Master of Sports Cardiology with distinction, St. George University, London, 2021.

#### EAPC/European Society of Cardiology Activities

- 2007-13 National Coordinator of Prevention of Cardiovascular Disease for European Association of Cardiovascular Prevention and Rehabilitation (EACPR)
- 2010-16 Nucleus member and Secretary of Sports cardiology section, European Cardiology Society (ESC)

#### Other (Inter)national Committee(s) Participation

- 2006-09 Association head and board member of Preventive Cardiology and Cardiac Rehabilitation, Danish Society of Cardiology (DCS)

- Position statement: “Cardiac screening of athletes”. DCS. (2005-06). Committee member. 2006.
- Position statement: “Preventive Cardiology and Rehabilitation”. DCS (2006- 2009). Chairman.
- Position statement: “Physical exercise for patients with ischemic heart disease and chronic heart failure”. DCS 2008. Chairman.
- Position statement: “National Danish recommendations on the prevention of cardiovascular disease.” DCS. Chairman.
- Position statement: “Preparticipation cardiac screening of athletes”. DCS (2009-2010). Chairman. 2010.
- Chairman of national guidelines on evaluation and treatment of athletes with cardiovascular disease in Denmark DCS. Yearly evaluation since 2015.

### Editorial Boards

- 2015-present EUROPREVENT Annual Congress – reviewing abstracts
- 2015-present ESC Annual Congress – reviewing abstracts
- 2016-present Scandinavian Journal of Medicine and Science in Sports (SJMSS)-reviewer
- 2022-present Section Editor, SJMSS - Sports Cardiology and from 2024 board member

### Fellowships / Honours

- 2010 “Global Excellence in Health” awarded by Capital Region of Copenhagen in collaboration with Institute of Respiratory and Sportsmedicine, Bispebjerg-Frederiksberg (BFH), and Amager-Hvidovre Hospital (AHH).
- 2015 and 2019 Appointed “International Olympic Committee Center” in Sports Medicine with the Institute of Sportsmedicine and Respiratory Sportsmedicine, BFH and AHH.
- 2017 Member of:” Clinical Academic group” (CAG): Physical Activity and Sports in Clinical Medicine Disease Prevention, Treatment, and Rehabilitation (imPAct) from Capital Region of Copenhagen and UCPH.

### Major Publications (5-10 most important publications in the field)

- Heidbuchel H, Papadakis M, Panhuyzen-Goedkoop N, Carre F, Dugmore D, Mellwig KP, **Rasmussen HK**, Solberg EE, Borjesson M, Corrado D, Pelliccia A, Sharma S, Sports Cardiology Section of European Association for Cardiovascular P & Rehabilitation of European Society of C. (2013). Position paper: proposal for a core curriculum for a European Sports Cardiology qualification. Eur J Prev Cardiol 20, 889-903.
- Solberg EE, Borjesson M, Sharma S, Papadakis M, Wilhelm M, Drezner JA, Harmon KG, Alonso JM, Heidbuchel H, Dugmore D, Panhuyzen-Goedkoop NM, Mellwig KP, Carre F, **Rasmussen H**, Niebauer J, Behr ER, Thiene G, Sheppard MN, Basso C, Corrado D & Sport Cardiology Section of the EotESC. (2016). Sudden cardiac arrest in sports - need for uniform registration: A Position Paper from the Sport Cardiology Section of the European Association for Cardiovascular Prevention and Rehabilitation. Eur J Prev Cardiol 23, 657-667.



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- Tischer SG, Mattsson N, Storgaard M, Hofsten DE, Host NB, Andersen LJ, Prescott E & **Rasmussen HK**. (2016). Results of voluntary cardiovascular examination of elite athletes in Denmark: Proposal for Nordic collaboration. *Scand J Med Sci Sports* **26**, 64-73.
- Kaiser-Nielsen LV, Tischer SG, Prescott EB & **Rasmussen HK**. (2017). Symptoms, diagnoses, and sporting consequences among athletes referred to a Danish sports cardiology clinic. *Scand J Med Sci Sports* **27**, 115-123.
- Morville T, Rosenkilde M, Mattsson N, Dela F, Helge JW & **Rasmussen HK**. (2018). 2706 km cycling in 2 weeks: effects on cardiac function in 6 elderly male athletes. *Phys Sportsmed*, 1-6.
- Mikkelsen N, Cadarso-Suarez C, Lado-Baleato O, Diaz-Louzao C, Gil CP, Reeh J, **Rasmussen H** & Prescott E. (2020). Improvement in VO<sub>2</sub>peak predicts readmissions for cardiovascular disease and mortality in patients undergoing cardiac rehabilitation. *Eur J Prev Cardiol* **27**, 811-819.
- Pedersen L, Lindberg J, Lind RR & Rasmussen H. (2021). Reopening elite sport during the COVID-19 pandemic: Experiences from a controlled return to elite football in Denmark. *Scand J Med Sci Sports* **31**, 936-939.
- Holdgaard A, Eckhardt-Hansen C, Lassen CF, Kjesbu IE, Dall CH, Michaelsen KL, Sibilitz KL, Prescott E & **Rasmussen HK**. (2023). Cognitive-behavioral therapy reduces psychological distress in younger patients with cardiac disease: a randomized trial. *Eur Heart J* **44**, 986-996.
- **Rasmussen HK**, Aaroe M, Madsen CV, Gudmundsdottir HL, Mertz KH, Mikkelsen AD, Dall CH, Brushoj C, Andersen JL, Vall-Lamora MHD, Bovin A, Magnusson SP, Thune JJ, Pecini R & Pedersen L. (2023). The COVID-19 in athletes (COVA) study: a national study on cardio-pulmonary involvement of SARS-CoV-2 infection among elite athletes. *Eur Clin Respir J* **10**, 2149919.
- Aaroe M, Tischer SG, Christensen R, Dall CH, Thune JJ & **Rasmussen HK** (2024). The atrial remodelling associated with sporting discipline, sex, and duration in elite sports: A cross-sectional echocardiographic study among Danish elite athletes. *BMJ Open Sport & Exercise Medicine* (Accepted for publication, April 2024)

### Major Research Interest(s)

- Sports cardiology
- Cardiac rehabilitation



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## Vision Statement

My vision is to uphold integrity, transparency, and inclusivity in selecting our future leaders, and I will focus on three key areas:

**Inclusivity and Diversity:** Advocate for balanced representation by considering diverse experiences, geographical locations, and gender to strengthen the EAPC with varied perspectives.

**Transparency and Integrity:** Ensure a transparent nominating process by clearly communicating selection criteria and decision rationale, fostering trust within our community.

**Strategic Leadership:** Identify and nominate candidates with the expertise, vision, and leadership qualities necessary to advance the EAPC's mission in preventive cardiology.

By emphasizing these principles, I aim to support the EAPC in building a strong, dynamic leadership team ready to address challenges and seize future opportunities.

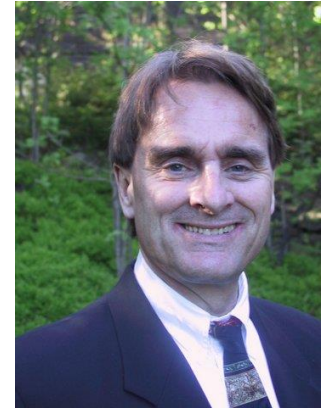
# Candidacy for EAPC 2024-2026 elections

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## Curriculum Vitae

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Erik Ekker Solberg



### **Present Position**

Senior consultant  
em FESC  
Consultant in my own company, EE Solberg AS

### **Training and Education**

Undergraduate Psychology, Univ. in Oslo, Norway  
Bachelor's degree in sociology, 1st dept. of psychology, UiO  
Cand. Med., UiO  
Specialist in Internal Medicine  
Sports Physician specialization, Norwegian Sports Medicine federation  
Specialist in Cardiology  
PhD

### **Post Graduate Degrees**

PhD  
Professor competent

### **EAPC/European Society of Cardiology Activities**

Section for sports cardiology, member, and president 2016-2018  
EAPC member of the board 2016-2018



Editor Eur J Cardiovasc Prevention 2017-2024

Reviewer for Eur Heart and ESC Preventive since about 2010

Many chairmen tasks and also lectures at both conferences

Invited Eur Heart 2024 as lecturer

### Other (Inter)national Committee(s) Participation

Task force for pharmaceutical companies (Sanofi)

### Editorial Boards

- EJCP 2017-2024

### Fellowships / Honours

FESC

### Honorary Memberships

### Major Publications (5-10 most important publications in the field)

- **Solberg EE** /Børjesson M, Sharma S, Papadakis M, Wilhelm M, Drezner J, Harmon K, Alonso JM, Heidbuchel H, Dugmore D, Panhuyzen-Goedkoop NM, Mellwig K- P, Carre F, Rasmussen H, Niebauer J, Behr ER, Thiene G, Sheppard MN, Basso C, Corrado D. Sudden cardiac arrest in sports - need for uniform registration: A Position Paper from the Sport Cardiology Section of the European Association for Cardiovascular Prevention and Rehabilitation. *European Journal of Preventive Cardiology*, 2016; 23: 657-667.
- Sudden cardiac arrest in sports: a video analysis Steinskog DM, **Solberg EE**. *Br J Sports Med* Epub ahead of print: doi:10.1136/bjsports-2018-099578
- Cardiovascular Effects of Doping Substances, Commonly Prescribed Medications and Ergogenic Aids in relation to sports. A position statement of the Sport Cardiology and Exercise Nucleus of the European Association of Preventive Cardiology. Paolo Emilio Adami, Nikolaos Koutlianos, Aaron Baggish, Stephane Bermon, Elena Cavarretta, Asterios Deligiannis, Francesco Furlanello, Evangelia Kouidi, Pedro Marques-Vidal, Josef Niebauer, Antonio Pelliccia, Sanjay Sharma, **Erik Ekker Solberg**, Mark Stuart, and Michael Papadakis.



***European Journal of Preventive Cardiology* 2022, 1–17.**

- Exercise training for patients with type 2 diabetes and cardiac disease: What to pursue and how to do it. A Position Paper of the European Association of Preventive Cardiology (EAPC). *European journal of preventive cardiology*, 2018. Hareld Kemps, Nicolle Kränkel, Marcus Dörr, Trine Moholdt, Matthias Wilhelm, Francesco Paneni, Luis Serratoso, **Erik Ekker Solberg**, Dominique Hansen, Martin Halle, Volker Adams, Marco Guazzi. *European Journal of Preventive Cardiology* 0(00) 1-19 ! The European Society of Cardiology 2019 Article reuse guidelines: [sagepub.com/journals-permissions](https://sagepub.com/journals-permissions) DOI: 10.1177/2047487318820420
- Recommendations for participation in competitive and leisure time sport in athletes with Cardiomyopathies, Myocarditis and Pericarditis. Position statement of the Sport Cardiology and Exercise Nucleus of the European Association of Preventive Cardiology (EAPC). Antonio Pelliccia, MD, FESC, **Erik Solberg MD**, Michael Papadakis, MD, FESC, Paolo Emilio Adami, MD, FESC, Alessandro Biffi, MD, FESC, Stefano Caselli, MD, FESC, Andre La Gerche, MD, FESC, Josef Niebauer, MD, Axel Pressler, MD, Christian Schmied, MD, Luis Serratoso, MD, PhD, Martin Halle, MD, FESC, Frank Van Buuren, MD, Mats Borjesson, MD, PhD, FESC, Francois Carré, MD, Panhuyzen-Goedkoop, MD, Hein Heidbuchel, MD, PhD, FESC, Iacopo Olivotto, MD, Domenico Corrado, MD, PhD, FESC, Gianfranco Sinagra, MD, FESC, and Sanjay Sharma, MD, FESC. *European Heart Journal* (2018) 0, 1-18 doi:10.1093/eurheartj/ehy730
- Recommendations for participation in leisure time or competitive sports in athletes-patients with coronary artery disease: a position statement from the Sports Cardiology Section of the European Association of Preventive Cardiology (EAPC). Borjesson M, Dellborg M, Niebauer J, LaGerche A, Schmied C, **Solberg EE**, Halle M, Adami E, Biffi A, Carré F, Caselli S, Papadakis M, Pressler A, Rasmussen H, Serratoso L, Sharma S, van Buuren F, Pelliccia A. *Eur Heart J*. 2019 Jan 1; 40(1):13-18. doi: 10.1093/eurheartj/ehy408.
- Anders Nesvold, Morten W Fagerland, Svend Davanger, Øyvind Ellingsen, **Erik E Solberg**, Are Holen, Knut Sevre and Dan Atar. Increased heart rate variability during nondirective meditation. ***Eur J Prev Cardiol***. 2012 Aug; 19(4):773-80.
- Consensus document regarding cardiovascular safety at sports arenas: Position stand from the European Association of Cardiovascular Prevention and Rehabilitation (EACPR), section of Sports Cardiology. Mats Borjesson; Luis Serratoso; Francois Carre; Domenico Corrado; Jonathan Drezner; Dorian L. Dugmore; Hein H. Heidbuchel; Klaus-Peter Mellwig; Nicole M.



Panhuyzen-Goedkoop; Michael Papadakis; Hanne Rasmusen; Sanjay Sharma; **Erik E. Solberg**; Frank van Buuren; Antonio Pelliccia; writing group, on behalf of the EACPR section of sports cardiology. *European Heart Journal* 2011; doi: 10.1093/eurheartj/ehrl78.

- Corrado D, Pelliccia A, Heidbuchel H, Sharma S, Link M, Basso C, Biffi A, Buja, Delise P, Gussac, Anastasakis, Borjesson M, Bjørnstad H, Carrè F, Deligiannis A, Dugmore D, Fagard R, Hoogsteen J, Mellwig KP, Panhuyzen-Goedkoop N, **Solberg EE**, Vanhees L, Drezner J, Estes M, Iliceto S, Maron B, Peidro P, Schwartz PJ, Stein, Thiene G, Zeppilli, McKenna W. Recommendations for interpretation of 12-lead electrocardiogram in the athlete. *Eur Heart J* 2010; 31:243-259
- Pelliccia A, Fagard R, Bjørnstad HH, Anastassakis A, Arbustini E, Assanelli D, Biffi A, Børjesson M, Carre F, Corrado D, Delise P, Dorwarth U, Hirth A, Heidbuchel H, Hoffmann E, Mellwig KP, van Huyzen-Goedkoop N, Pisani A, **Solberg EE**, van-Buuren F, Vanhees L. Recommendations for competitive sports participation in athletes with cardiovascular disease. A consensus document from the Study group of Sports Cardiology of the Working Group of Cardiac Rehabilitation and Exercise Physiology and the Working Group of Myocardial and Pericardial Diseases of the European Society of Cardiology. *Eur Heart J* 2005;26:1422-45.
- Corrado D, Pelliccia A, Bjørnstad H, Vanhees L, Biffi A, Børjesson M, Panhuyzen-Goedkoop N, Deligiannis A, **E Solberg**, D Dugmore, KP Melwig, D Assanelli, P Delise, F van-Buuren, A Anastasakis, H Heidbuchel, E Hoffmann, R Fagard, SG Priori, C Basso, E Arbustini, C Blostrom-Lundquist, W McKenna, G Thiene. Cardiovascular pre-participation screening of young competitive athletes for prevention of sudden death: proposal for a common European protocol. *Eur Heart J* 2005;26:516-24.
- Cardiovascular pre-participation screening does not distress professional football players. **Solberg EE**, Bjørnstad TH, Andersen TE, Ekeberg Ø. *Eur J Prev Cardiol*. 2012 Jun; 19(3):571-7.

### Major Research Interest(s)

Sports cardiology  
Sudden cardiac arrest in sports  
Preventive cardiology  
Cardiac rehabilitation  
Stress



## Vision Statement

To expand and broaden the preventive cardiology milieu is extremely important.

I have a broad both clinical and research background, which I hope my reference list shows. To widen the specter of preventive cardiology, it is a point to be comprehensively orientated. I have been in the milieu for a long time, and I know both the senior and many of the junior generation. So, I may be a valuable part of the team to create preventive cardiology teams for the future.

I would go for team building, finding the right persons to work together and to create a positive milieu. Also, I would go for balance regarding gender, countries and points of view.

The most important, however, is to get competent people which aim to create a difference.

I would also head for people who could contact and co-work with the political milieu, a lack of today's work. Likewise, to create cooperation across borders, e.g. to cooperate closer to the US.