



## EAPC Executive Officer elections 2024 – 2026

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**President-elect**

# Candidacy for EAPC 2024-2026 elections

## Curriculum Vitae

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Constantinos H. Davos



### Present Position

- Associate Professor level
- Head of Cardiovascular Research Laboratory
- Biomedical Research Foundation, Academy of Athens

### Training and Education

- Research Fellowship in Clinical Cardiology (Royal Brompton Hospital, London, UK, 1999-2001)
- Fellowship in Echocardiography (K.A.T. Athens General Hospital, 1998-1999)
- PhD student (University of Athens Medical School, Dept. of Pharmacology)
- Resident in Cardiology (Piraeus General Hospital & Athens Social Security Hospital, 1995-1998)
- Resident in Internal Medicine (Athens Naval Hospital, 1991-1992)
- Medical Degree, University of Patras Medical School, 1989

### Post Graduate Degrees

- PhD in Pharmacology, University of Athens Medical School, 1998
- Board Certified Cardiologist since July 1998

### EAPC/European Society of Cardiology Activities

- EAPC: Lead and Steering Committee Chair for the Opti(MI)se (Optimal Therapy after Myocardial Infarction) project (2023 - today)
- EAPC Congress Preparation Committee member (local host), Athens 2024
- EAPC: Research Committee member (2022 – today)
- ESC: EAPC Liaison Officer to the ESC Scientific Documents Committee (2022 – today)

- EAPC: Executive Board Treasurer (2018 - 2022)
- EAPC: Co-chair, Prevention Implementation Programme (2021 - today)
- EAPC: Nutrition Task Force member (2020 - 2022)
- EAPC: Co-chair, Aviation & Occupational Cardiology Task Force (2019 - 2023)
- ESC: Task Force member, 2021 ESC Guidelines on CVD prevention (2019 - 2021)
- EAPC: Secretary of the Cardiac Rehabilitation Section (2012-2016)
- EAPC: Nucleus Member of the Cardiac Rehabilitation Section (2012-2018)
- EAPC: Communications (2012-2016) and the Scientific Committee member (2017-2018)
- EAPC: National Coordinator, European Cardiac Rehabilitation registry (2010 – 2012)
- EAPC: Gold/Silver member
- ESC Fellow since 2001 – ESC European Cardiologist Diploma (2001)
- ESC Congress Preparation Committee member (2018)
- Heart Failure Association: Committee member, Exercise Physiology & Rehabilitation (2014-18)
- Council on Stroke: Regular member since 2018

### **Editorial Boards**

- International Cardiovascular Forum Journal

### **Fellowships / Honours**

- e-Poster First Prize (2016) European Society of Cardiology Congress
- Research 1<sup>st</sup> Prize (Hellenic Society of Cardiology, 2016)
- Software development award (Microsoft, 2009)
- Research 1<sup>st</sup> Prize (Hellenic Working Group on Heart Failure, 2006)
- Young Cardiologist Prize (Hellenic Society of Cardiology, 2003)
- Clinical Research Committee Fellowship (Imperial College School of Medicine, 2001)
- Fellowship in Clinical Cardiology (Hellenic Society of Cardiology, 2000)

### **Major Publications (5-10 most important publications in the field)**

- **Cardiopulmonary assessment prior to returning to high-hazard occupations post symptomatic COVID-19 infection: A position statement of the Aviation and Occupational Cardiology Task Force of the European Association of Preventive Cardiology.** Rienks R, Holdsworth D, Davos CH, Halle M, Bennett A, Parati G, Guettler N, Nicol E. *Eur J Prev Cardiol* 2022;29:1724-30.

- **European Society of Cardiology Quality Indicators for Cardiovascular Disease Prevention: developed by the Working Group for Cardiovascular Disease Prevention Quality Indicators in collaboration with the European Association for Preventive Cardiology of the European Society of Cardiology.** Aktaa S, Gencer B, Arbelo E, Davos CH, Désormais I, Hollander M, et al. *Eur J Prev Cardiol* 2022;29:1060-71.
- **2021 ESC Guidelines on cardiovascular disease prevention in clinical practice.** Visseren FLJ, Mach F, Smulders YM, Carballo D, Koskinas KC, Bäck M, Benetos A, Biffi A, Boavida JM, Capodanno D, Cosyns B, Crawford C, Davos CH, et al. *Eur Heart J* 2021;42:3227-37.
- **Secondary prevention through comprehensive cardiovascular rehabilitation: From knowledge to implementation. 2020 update. A position paper from the Secondary Prevention and Rehabilitation Section of the European Association of Preventive Cardiology.** Ambrosetti M, Abreu A, Corrà U, Davos CH, Hansen D, Frederix I, et al. *Eur J Prev Cardiol* 2021;28:460-95.
- **Effectiveness of comprehensive cardiac rehabilitation in coronary artery disease patients treated according to contemporary evidence-based medicine: Update of the Cardiac Rehabilitation Outcome Study (CROS-II).** Salzwedel A, Jensen K, Rauch B, Doherty P, Metzendorf MI, Hackbusch M, Völler H, Schmid JP, Davos CH. *Eur J Prev Cardiol* 2020;27:1756-74.
- **Regional differences in exercise training implementation in heart failure: findings from the Exercise Training in Heart Failure (ExTraHF) survey.** Piepoli MF, Binno S, Coats AJS, Cohen-Solal A, Corrà U, Davos CH, et al; *Eur J Heart Fail* 2019;21:1142-8.
- **Impact of Exercise Rehabilitation on Exercise Capacity and Quality-of-Life in Heart Failure: Individual Participant Meta-Analysis.** Taylor RS, Walker S, Smart NA, Piepoli MF, Warren FC, Ciani O, Whellan D, O'Connor C, Keteyian SJ, Coats A, Davos CH, et al; *J Am Coll Cardiol* 2019;73:1430-43.
- **Impact of exercise-based cardiac rehabilitation in patients with heart failure (ExTraMATCH II) on mortality and hospitalisation: an individual patient data meta-analysis of randomised trials.** Taylor RS, Walker S, Smart NA, Piepoli MF, Warren FC, Ciani O, O'Connor C, Whellan D, Keteyian SJ, Coats A, Davos CH, et al; ExTraMATCH II Collaboration. *Eur J Heart Fail* 2018;20:1735-43.
- **Exercise Prescription in Patients with Different Combinations of Cardiovascular Disease Risk Factors: A Consensus Statement from the EXPERT Working Group.** Hansen D, Niebauer J, Cornelissen V, Barna O, Neunhäuserer D, Stettler C, Tonoli C, Greco E, Fagard R, Coninx K, Vanhees L, Piepoli MF, Pedretti R, Ruiz GR, Corrà U, Schmid JP, Davos CH, et al. *Sports Med* 2018;48:1781-97.
- **The European Association of Preventive Cardiology Exercise Prescription in Everyday Practice and Rehabilitative Training (EXPERT) tool: A digital training and decision**

**support system for optimized exercise prescription in cardiovascular disease.**

**Concept, definitions and construction methodology.** Hansen D, Dendale P, Coninx K, Vanhees L, Piepoli MF, Niebauer J, Cornelissen V, Pedretti R, Geurts E, Ruiz GR, Corrà U, Schmid JP, Greco E, Davos CH, et al. *Eur J Prev Cardiol* 2017; 24:1017-31.

### **Major Research Interest(s)**

- Cardiac Rehabilitation, exercise physiology
- Heart failure, cardiomyopathies (clinical and translational research)
- Cardiac autonomic nervous system function (clinical and translational research)



**EAPC**

European Association  
of Preventive Cardiology

## Vision Statement

During my mandate as Treasurer (2018-2022), I focused on establishing EAPC as the Risk Factor Association and Preventive Cardiology as key component of the ESC. My aim now will be to enhance the EAPC positioning by:

Further supporting the certification process thus reinforcing the position of Preventive Cardiology as an official subspecialty and ensuring knowledge standards for anyone who practices this subspecialty. Certification and the centres' accreditation process will be linked so that the role of EAPC increases within the European context of cardiovascular becomes greater.

Increasing sponsorship through novel scientific programmes and guiding **research** efforts towards European projects. The ultimate goal is the ability to offer research grants, educational scholarships and research awards. These will affect the **Young Community** with which I will work to make it happen

Improving the **educational** offers and redesigning our annual **congress** to offer a complete interactive experience by using modern technology and help distance learning. Focus on new technologies and novel risk prediction scores in CVD prevention will be the highlight of this effort.

Supporting all efforts toward scientific topics that clearly belong to the CVD prevention area (i.e. Children's Health, Nutrition, Occupational Cardiology) to amplify their productivity and attract relevant health care professionals.

Securing the excellent course of the **European Journal of Preventive Cardiology**

Starting an honest discussion with other risk factor councils, committees or task forces within the ESC, national or international societies on joining our efforts to increase recognition and prominence of Cardiovascular Disease Prevention.



**ESC**

European Society  
of Cardiology

# Candidacy for EAPC 2024-2026 elections

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## Curriculum Vitae

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### Konstantinos C. Koskinas



#### **Present Position**

- 2015 – present: Senior Cardiologist, Bern University Hospital
- 2016 – present: Director, Dyslipidaemia Clinic and Heart & Diabetes Clinic, Department of Cardiology, Bern University Hospital
- Work Address: Bern University Hospital – INSELSPITAL, Freiburgstrasse 18, CH- 3010 Bern Switzerland

#### **Training and Education**

- 1998-2004 Medical studies at Medical School, Aristotle University Thessaloniki, Greece
- 2004 Diploma in Medicine and Medical License
- 2004-2005 Military service as medical doctor
- 2005-2006 M.Sc. in Medical Research Methodology, Aristotle University Thessaloniki, Greece
- 2005-2008 Residency Internal Medicine, Thessaloniki Greece
- 2008-2010 Research Fellowship, Brigham and Women's Hospital, Harvard Medical School, Boston & Massachusetts Institute of technology, Cambridge, USA
- 2010-2013 Cardiology Fellowship, Hippokrateion Hospital, Thessaloniki Greece
- 2013: Board specialist Cardiology, Greek Board of Health
- 2014-2015: Interventional Fellowship, Bern University Hospital, Bern, Switzerland



## **EAPC/European Society of Cardiology Activities**

### **EAPC**

- 2018-2024: Member, EAPC Population Science & Public Health section
- 2020-2022: EAPC Education Committee member
- 2020-2022: Member, EAPC Core Curriculum Task Force
- 2022-2024: Chairperson, EAPC Education Committee
- 2022-2024: EAPC Board Member
- 2023 – ongoing: EAPC Opti(MI)se programme, Co-Lead of Work Package manuscripts
- 2022-2024: Member, EAPC Risk Factors Task Force

### **ESC**

- 2020-2024: Member of the ESC Clinical Practice Guidelines (CPG) Committee
- 2019 ESC/EAS Dyslipidaemia Guidelines: Task Force Coordinator
- 2021 ESC Prevention Guidelines: Task Force Member
- 2023-2024: Member, ESC CPG Methodology Task Force
- 2024 ESC Guidelines on Chronic Coronary Syndromes: Task Force Coordinator
- 2025 Focused Update of the 2019 ESC Dyslipidaemia Guidelines: Task Force Chair
- 2024 ESC Clinical Consensus Statement on Obesity and Cardiovascular Disease: Task Force Chair
- 2025 ESC Consensus Statement on Cardiovascular disease and mental health: Review Coordinator
- 2020-2024: Appointed Reviewer of 16 ESC Guidelines
- 2022-2024: ESC Education Committee member
- 2021-2023 ESC Pocket Guidelines Task Force member
- 2020-2022: ESC Digital Health Committee member

### **EAPCI** (European Association of Percutaneous Cardiovascular Interventions)

- 2017-2019: EPACI Expert Panel member on the Clinical Use of Intracoronary Imaging (2 Consensus Documents published)

## Other (Inter)national Committee(s) Participation

- 2020 – present: Member of the Swiss Society of Cardiology (SGK/SSC)
- 2022 – present: Board member, Working Group on Lipids and Atherosclerosis, Swiss Society of Cardiology (SGK/SSC)
- 2023 – present: Member of the Congress Programme Committee of the Swiss Society of Cardiology (SGK/SSC)
- 2015 – present: Member, European Association of Percutaneous Cardiovascular Interventions (EAPCI)
- 2023 – present: Honorary Member, Hellenic Society of Cardiology

## Editorial Boards

- Associate Editor, *European Journal of Preventive Cardiology* (EJPC)
- Associate Editor, *Frontiers in Cardiovascular Medicine*
- International Editorial Board, *EuroIntervention*
- Ad hoc reviewer for >20 peer reviewed Journals including *NEJM, Circulation, JACC, Eur Heart J, Eur J Prev Cardiol, EuroIntervention, JACC Cardiovasc Interv.*
- Abstract reviewer for scientific program committees of various Societies (ESC, EAPC, EAPCI, SGK)

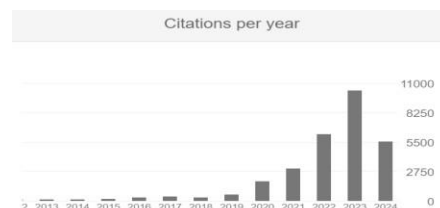
## Fellowships / Honours

- 2013 – present: Fellow, European Society of Cardiology (FESC)
- 2010: ESC Young Investigator Award, Coronary Pathophysiology and Microcirculation
- 2011: Young Investigator Award, International Atherosclerosis Society (IAS)

## Major Publications (5-10 most important publications in the field)

- Total publications: >130 publications in peer-reviewed journals
- h-index 48, total citations >31,000 (Google Scholar, 01 June 2023)

	All	Since 2019
Citations	31076	28562
h-index	48	41
i10-index	95	84



**Selected publications related to CV risk factors:**

- Räber L, Ueki Y, Otsuka T, ..., **Koskinas KC**. Effect of Alirocumab Added to High- Intensity Statin Therapy on Coronary Atherosclerosis in Patients With Acute Myocardial Infarction: The PACMAN-AMI Randomized Clinical Trial. *JAMA* 2022;327(18):1771-178. PMID: 35368058
- **Koskinas KC**, Windecker S, Pedrazzini G, et al. Evolocumab for early reduction of LDL cholesterol levels in patients with acute coronary syndromes (EVOPACS). *J Am Coll Cardiol* 2019; 74:2452-62. PMID: 31479722
- **Koskinas KC**, Siontis GCM, Piccolo R, et al. Effect of statins and non-statin LDL- lowering medications on cardiovascular outcomes in secondary prevention: a meta-analysis of randomized trials. *Eur Heart J* 2018;39:1172-80. PMID: 29069377

**Selected publications related to pathobiology, diagnosis and treatment of atherosclerosis:**

- **Koskinas KC**, Feldman CL, Chatzizisis YS, et al. Natural history of experimental coronary atherosclerosis and vascular remodeling in relation to endothelial shear stress: a serial, in vivo intravascular ultrasound study. *Circulation* 2010;121: 2092-

101. PMID: 20439786

- **Koskinas KC**, Chatzizisis YS, Antoniadis AP, et al. Role of endothelial shear stress in stent restenosis and thrombosis: pathophysiologic mechanisms and implications for clinical translation. *J Am Coll Cardiol* 2012;59:1337-49. PMID: 22480478
- **Koskinas KC**, Ughi GH, Windecker S, et al. Intracoronary imaging of coronary atherosclerosis: validation for diagnosis, prognosis and treatment. *Eur Heart J* 2016;37:524-35. PMID: 26655874
- **Koskinas KC**, Räber L, Zanchin T, et al. Duration of Triple Antithrombotic Therapy and Outcomes Among Patients Undergoing Percutaneous Coronary Intervention. *JACC Cardiovasc Interv* 2016;9:1473-83. PMID: 2747811

**Selected ESC / EAPC publications:**

- Mach F, Baigent C, Catapano AL, **Koskinas KC**, et al. 2019 ESC/EAS Guidelines for the management of dyslipidaemias: lipid modification to reduce cardiovascular risk. *Eur Heart J* 2020 1;41(1):111-88. PMID: 31504418
- Visseren FLJ, Mach F, Smulders YM, Carballo D, **Koskinas KC**, et al. 2021 ESC Guidelines on cardiovascular disease prevention in clinical practice. *Eur Heart J* 2021;42:3227-337. PMID: 34458905
- **Koskinas KC**, Dendale P, Halle M, et al. Introducing the new Task Force on Cardiovascular Risk Factors of the European Association of Preventive Cardiology. *Eur J Prev Cardiol* 2022;29:1718-172. PMID: 35708728

## Major Research Interest(s)

My research activities include basic research on atherosclerosis (e.g. *PMID 23640495*, *PMID 24148915*, *PMID 21282495*, *PMID 20439786*); ESC / EAPCI surveys (*PMID 33580792*, *PMID 29537966*); registries (e.g. the BERN-PCI Registry, NCT02241291; the Swiss ELIPS cohort, NCT01075867; the Swiss SPUM-ACS registry, NCT01000701) and multicentre randomized controlled trials (PI of the EVOPACS trial, NCT03287609; Co-PI of the PACMAN-AMI trial, NCT03067844).

My major research interests include:

- Cardiovascular Prevention
- Dyslipidaemia
- Diabetes & Heart
- Obesity
- Atherosclerosis
- Intracoronary Imaging

## Vision Statement

### A few words on my background

My research work in cardiovascular medicine has covered a broad spectrum ranging from preclinical research on mechanisms of atherosclerosis, to real-world observational studies assessing CV risk factors in large patient cohorts, to randomized trials of novel medications to halt or even reverse the progression of CVD. My clinical work as a Cardiologist has extended from the field of “primary” and “secondary” cardiovascular prevention, with focus on major modifiable risk factors, to the interventional treatment of patients with advanced, established CVD. In a broader perspective, I have been active in environments with profound differences regarding healthcare systems, available resources, physician education and patient culture in my earlier (*Greece*) vs. subsequent years of career development (*USA, Switzerland*); this helped me gain a better understanding of the heterogeneity and diversity that still exists even within ESC member countries and of the inequity and hurdles we need to overcome in order to optimize CVD prevention in Europe and beyond.

Over the past years, I have had the great honor and pleasure of serving the goals of the EAPC and the ESC in multiple tasks and functions, from supporting activities to leading positions more recently. Briefly, I had the privilege to contribute as a team member or as a lead in several groups, task forces, and committees within the ESC (most notably the Clinical Practice Guidelines committee and several Guideline Task Forces) and within the EAPC (more recently the EAPC Board and the EAPC Education Committee which I had the honour of chairing). As a result, I have gained a good understanding of the roles and responsibilities linked to the position of President-Elect of the EAPC, and I would be grateful if was given the opportunity to serve this role. Perhaps more importantly, my involvement so far in the ESC and EAPC family has taught me unique lessons about the value of collaborative work; I am absolutely convinced that the strength of our Association lies in our differing backgrounds and in the enthusiasm to join forces, share experiences and contribute ideas, driven by our common passion for scientific excellence and for optimal care for our patients.

### A brief description of my vision

The ESC has evolved to become the leading scientific society in CVD, with a far-reaching global impact on clinical care, clinical development, research and education. In parallel, cardiovascular prevention has evolved remarkably and is now appreciated as a central pillar in the battle against heart disease. The EAPC has undoubtedly made major steps forward, but more needs to be done in order to position our Association as **the leading association in the field of CV prevention** – this is, in few words, my vision for the EAPC for the next years. I envision an Association that will further broaden its audience, strengthen its message, and focus even more on cutting-edge presentations and practice-changing publications to convey the most essential research in the field. Our efforts should increasingly focus on interdisciplinary and international collaborations, educational activities and novel knowledge-sharing platforms that will raise awareness in the Community and translate to better care for our patients.

### How can we achieve this?

Should I be given the opportunity to serve as President-elect of the EAPC, I would focus on building upon the EAPC success along the following lines:

- **Education:** More efforts should be devoted to deliver highest-level education covering a broad spectrum from medical students and cardiologists in training, to physicians of different disciplines involved in CVD, to cardiologists, importantly also including nurses and allied professionals. Novel tools should be incorporated in the educational offer (e.g. AI, BigData, digital health) to address unmet needs in a dynamic, ever-evolving environment.
- **Closer collaboration with National Societies:** This will allow to optimize synergies, attract more members, broaden the target audience of the EAPC activities, incorporate diversity and thereby help overcome inequity in clinical care.
- **Greater engagement of younger professionals:** Younger colleagues at earlier stages of their career development comprise a large proportion of EAPC members, and it will be critically important to address their needs more effectively. Moreover, the young community represents a highly dynamic group that can bring in fresh ideas to advance the output of the EAPC.
- **Focus on implementation:** Although our understanding of the pathobiology of CVD has improved substantially, and despite the fact that we have better tools to diagnose early disease and to prevent the development / halt the progression of different CVD manifestations, the uptake of current recommendations in real-world practice remains far from optimal and the implementation of available tools to prevent CVD is oftentimes disappointing. The Association can be truly successful in pursuing its goals only if we join forces to **enhance implementation of preventive strategies in clinical practice.**

As a final note: I am fully aware of the responsibility and highly demanding nature of the position of President-Elect of the EAPC. At the same time, I feel that my track record so far attests to my eagerness, determination and ability to deliver as expected for this challenging position. In case I have the great honour of being elected, I will be fully devoted to fill the shoes of brilliant predecessors by:

- respecting the great achievements of the past years,
- enhancing the synergies and collaboration within a very talented group of members, volunteers, and staff, and
- paving the way for constructive changes which are needed in our Association.

**Secretary**

# Candidacy for EAPC 2024-2026 elections

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## Curriculum Vitae

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Flavio D'Ascenzi



### Present Position

- Associate Professor in Sports Cardiology, University of Siena, Italy
- Head of the Sports Cardiology and Rehab Unit of the University of Siena, Italy
- Director of the Master Degree Program in Echocardiography and advanced imaging in Sports Cardiology at the University of Siena
- Director of the Postgraduate School in Sports Medicine & Exercise of the University of Siena
- Chair of the Nucleus of Sports Cardiology&Exercise of the EAPC

### Training and Education

- Graduation in Medicine in June 2008 (110 cum laude/110), University of Siena
- Post-graduation in Cardiology in July 2014 (70 cum laude/70), University of Siena



### **Post Graduate Degree**

- PhD Degree in June 2017, Umea University, Sweden

### **EAPC/European Society of Cardiology Activities**

- 2015-2020: Member of the Board of the European Association of Preventive Cardiology as Representative of the Young Community
- 2020-2022: Chair-elect of the Nucleus of Sports Cardiology and Exercise
- 2022-2024: Member of the Board of the European Association of Preventive Cardiology as Chair of the Nucleus of Sports Cardiology and Exercise

### **Other (Inter)national Committee(s) Participation**

- January 2014 – Current: Member of the Executive Board of the University of Siena for Sports Activities for Students
- 2019-2020: Vice-Chair of the Working Group of Cardiac Rehabilitation of the Italian Society of Cardiology
- 2017-2018: Secretary of the Working Group on Echocardiography of the Italian Society of Cardiology
- Since 2018, invited Faculty member for the International Olympic Committee Courses on Cardiovascular Evaluation of Olympic Athletes
- 2017-2019: regional representative for the Tuscany Region of the Italian Society of Sports Cardiology

### **Editorial Boards**

- Associate Editor for the European Heart Journal of Case Reports
- Associate Editor for Cochrane Heart
- Associate Editor for the Journal of Sports Medicine and Physical Fitness
- Associate Editor for Frontiers in Cardiovascular Medicine

## Fellowships / Honours

- Secretary of the Italian Society of Sports Cardiology
- Fellow of the European Society of Cardiology

## Honorary Memberships

- Assistant Clinical Professor at the Department of Medicine of the University of Pittsburgh, USA
- Honorary member of the Italian Federation of Sports Medicine (FMSI)
- Member of the Italian Sports Eligibility Guidelines (COCIS) 2023
- Member and coordinator for the Italian Society of Sports Cardiology of the National Recommendations on Exercise Prescription in Patients with Heart Disease 2024

## Major Publications (5-10 most important publications in the field)

- SARS-CoV-2 infection and return to play in junior competitive athletes: is systematic cardiac screening needed? Cavigli L, Cillis M, Mochi V, Frascaro F, Mochi N, Hajdarevic A, Roselli A, Capitani M, Alvino F, Giovani S, Lisi C, Cappellini MT, Colloca RA, Mandoli GE, Valente S, Focardi M, Cameli M, Bonifazi M, **D'Ascenzi F**. Br J Sports Med. 2022 Mar;56(5):264-270
- Cardiovascular risk profile in Olympic athletes: an unexpected and underestimated risk scenario. **D'Ascenzi F**, Caselli S, Alvino F, Digiacinto B, Lemme E, Piepoli M, Pelliccia A. Br J Sports Med. 2019 Jan;53(1):37-42
- Cardiac screening prior to return to play after SARS-CoV-2 infection: focus on the child and adolescent athlete: A Clinical Consensus Statement of the Task Force for Childhood Health of the European Association of Preventive Cardiology. **D'Ascenzi F**, Castelletti S, Adami PE, Cavarretta E, Sanz-de la Garza M, Maestrini V, Biffi A, Kantor P, Pieleles G, Verhagen E, Tiberi M, Hanssen H, Papadakis M, Niebauer J, Halle M. Eur J Prev Cardiol. 2022 Nov 15;29(16):2120-2124
- The use of cardiac imaging in the evaluation of athletes in the clinical practice: A survey by the Sports Cardiology and Exercise Section of the European Association of Preventive Cardiology and University of Siena, in collaboration with the European Association of Cardiovascular Imaging, the European Heart Rhythm Association and the ESC Working Group on Myocardial and Pericardial Diseases. **D'Ascenzi F**, Anselmi F, Mondillo S, Finocchiaro G, Caselli S, Garza MS, Schmied C, Adami PE, Galderisi M, Adler Y, Pantazis A, Niebauer J, Heidbuchel H, Papadakis M, Dendale P. Eur J Prev Cardiol. 2021 Aug 23;28(10):1071-1077
- Prescribing, dosing and titrating exercise in patients with hypertrophic cardiomyopathy for prevention of comorbidities: Ready for prime time. Cavigli



**EAPC**

European Association  
of Preventive Cardiology

L, Olivotto I, Fattirolli F, Mochi N, Favilli S, Mondillo S, Bonifazi M, **D'Ascenzi F**. Eur J Prev Cardiol. 2021 Aug 23;28(10):1093-1099.

- When should cardiovascular prevention begin? The importance of antenatal, perinatal and primordial prevention. **D'Ascenzi F**, Sciacaluga C, Cameli M, Cecere A, Ciccone MM, Di Francesco S, Ganau A, Imbalzano E, Liga R, Palermo P, Palmiero P, Parati G, Pedrinelli R, Scicchitano P, Zito A, Mattioli AV. Eur J Prev Cardiol. 2021 May 8;28(4):361-369.
- The benefits of exercise in cancer patients and the criteria for exercise prescription in cardio-oncology. **D'Ascenzi F**, Anselmi F, Fiorentini C, Mannucci R, Bonifazi M, Mondillo S. Eur J Prev Cardiol. 2021 Jul 10;28(7):725-735
- Dynamic changes in left ventricular mass and in fat-free mass in top-level athletes during the competitive season. **D'Ascenzi F**, Pelliccia A, Cameli M, Lisi M, Natali BM, Focardi M, Giorgi A, D'Urbano G, Causarano A, Bonifazi M, Mondillo S. Eur J Prev Cardiol. 2015 Jan;22(1):127-34.
- RV Remodeling in Olympic Athletes. **D'Ascenzi F**, Pisicchio C, Caselli S, Di Paolo FM, Spataro A, Pelliccia A. JACC Cardiovasc Imaging. 2017 Apr;10(4):385-393.
- Cardiac Magnetic Resonance Normal Reference Values of Biventricular Size and Function in Male Athlete's Heart. **D'Ascenzi F**, Anselmi F, Piu P, Fiorentini C, Carbone SF, Volterrani L, Focardi M, Bonifazi M, Mondillo S. JACC Cardiovasc Imaging. 2019 Sep;12(9):1755-1765

### Major Research Interest(s)

- Sports Cardiology
- Exercise prescription in healthy individuals and in patients with cardiovascular disorders
- Preventive Cardiology
- Therapeutic approach for the control of cardiovascular risk factors
- Functional evaluation and clinical application of cardiopulmonary exercise testing



**EAPC**

European Association  
of Preventive Cardiology

## Vision Statement

As part of the European Association of Preventive Cardiology (EAPC), I envision a future where cardiovascular prevention is at the heart of public health across Europe, where the patient is an active participant in EAPC initiatives, and where every individual has access to the knowledge, resources, and care that enable the prevention of cardiovascular diseases. This will improve quality of life and reduce the healthcare burden.

As EAPC, we should continue to work on establishing strong collaborations among healthcare professionals, institutions, and communities to ensure that cardiovascular prevention is integrated into every aspect of daily life. In the EAPC, different research and clinical interests are represented, and new ones may further develop. The importance of a coordinated and aligned vision for the EAPC is essential. I strongly believe that the Secretary should act as a coordinator for the various facets of the Association to find a consensus on present and future directions and to further stimulate collaboration among the Nuclei and the people involved in different activities, including collaborative research.

My previous experience on the Board of the Association as a representative of the young community provided me with the clear understanding that the young members of the EAPC represent not only the future but also the present of the EAPC. Therefore, their deep involvement in the Association is essential to provide guidance for the evolving interests in Preventive Cardiology, a subspecialty that is more dynamic than commonly believed. At the same time, I saw how important the guidance of the senior members is. They have a deep knowledge of the Association's history and can guide the new generations.



**ESC**

European Society  
of Cardiology

# Candidacy for EAPC 2024-2026 elections

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## Curriculum Vitae

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Maryam Kavousi



### Present Position

- Professor of Population Cardiovascular Health, Erasmus MC, University Medical Center Rotterdam, the Netherlands
- Principal Investigator of Cardiometabolic Epidemiology, Erasmus MC, University Medical Center Rotterdam, the Netherlands
- Chair Population Science and Public Health Section, European association of Preventive Cardiology, mandate 2022 – 2024
- Executive Editor *European Journal of Preventive Cardiology*

### Training and Education

- Medical Degree, Shiraz University of Medical Sciences, September 2000

### Post Graduate Degrees

- Master of Science (MSc) in Clinical Epidemiology (*Cum Laude*), Erasmus University Medical Center, February 2008
- Doctor of Philosophy (PhD) in Epidemiology, Erasmus University Medical Center, October 2013
- Post-doctoral researcher, Erasmus University Medical Center, October 2013 – August 2015

## **EAPC/European Society of Cardiology Activities**

I have been actively involved in many EAPC and ESC activities. Below, I provide a selection of my activities:

- Chair Population Science and Public Health Section, European association of Preventive Cardiology, mandate 2022 – 2024
- Chair-elect Population Science and Public Health Section, European association of Preventive Cardiology, mandate 2020 – 2022
- Secretary Population Science and Public Health Section, European association of Preventive Cardiology, mandate 2018 – 2020
- Teacher at the joint EAPC/Azerbaijan Society of Cardiology Cardiovascular Prevention and Rehabilitation Course in Baku
- Presenter at the ESC TV Today: ‘Are e-cigarettes a safer alternative to smoking?’
- Executive Editor *European Journal of Preventive Cardiology*
- EAPC Representative at the Council on Cardiovascular Genomics
- Author on multiple Scientific Statements for the EAPC and ESC. The most recent contributions were leading author in the following two Scientific Statements:
  - Electronic cigarettes and health with special focus on cardiovascular effects: position paper of the European Association of Preventive Cardiology (EAPC).
  - Clinical utility and implementation of polygenic risk scores for the prediction of cardiovascular disease. A clinical consensus statement of the ESC Council on Cardiovascular Genomics, the ESC Cardiovascular Risk Collaboration and the European Association of Preventive Cardiology (EAPC) of the ESC.
- Active member of the ESC Preventive Cardiology Congress Program Committee
- Active member of the EAPC Research Committee
- Active member of the ESC Cardiovascular Risk Collaboration Unit

## **Other (Inter)national Committee(s) Participation**

- World Health Organization (WHO) expert committee on revising WHO Global Cardiovascular Risk Prediction guidelines (2015 – 2019)
- Vascular Independent Research and Education European Organization (VAS) advisory panel on peripheral arterial disease in women
- The global Cohorts for Heart and Aging Research in Genomic Epidemiology (CHARGE) consortium
- Netherlands organisation for health research and development (ZonMw) Gender & Health Committee

- ZonMw Clinical Fellows Program Committee
- Dutch Heart Foundation National Educational Papendal Course Committee
- Dutch Heart Foundation Dekker Program Committee
- Dutch Heart Foundation Young at Heart Committee

### Editorial Boards

- Executive Editor *European Journal of Preventive Cardiology* (2024 – Present)
- Deputy Editor *Netherlands Heart Journal* (2022 – Present)
- Specialty Chief Editor for the 'Cardiovascular Epidemiology' section within *Frontiers in Epidemiology* (2021 – Present)
- Editor *Global Heart*, The official journal of the World Heart Federation (2019 – Present)
- Editor *Maturitas*, Journal of the European Menopause and Andropause Society (EMAS) (2014 – 2022)

### Fellowships / Honours

- Dutch Heart for Women Award (2023)
- Member of the Young Academy of the Royal Netherlands Academy of Arts and Sciences (2020 – 2025)
- ESC Viviane Conraads Outstanding Achievement Award (2020)
- Dutch Cardiovascular Alliance (DCVA) talent program selected leaders in the future cardiovascular arena (2019 – 2021)
- Prestigious VENI research grant (2015)
- Ranked 4<sup>th</sup> place in the VIVA400 list as one of the inspiring and successful women in the Netherlands – category: Smart Heads (2015)
- Prestigious Dutch UNESCO – L'Oréal fellowship “For Women in Science” and 3 months fellowship in NIAS-KNAW (2014)
- European Society of Cardiology (ESC) fellowship (2014 – Present)
- European Society of Cardiology (ESC) best poster award – last author (2014)
- Selected as top 10 PhD students in Erasmus University (2012)
- Selected as top 10% presented research in the American Heart Association (AHA) Cardiovascular Disease Epidemiology and Prevention (2011)
- Selected as top 5 Dutch researchers in the AHA Scientific Sessions (2010)
- Master of Science in Clinical Epidemiology with honour – *cum laude* (2008)



## Honorary Memberships

- Fellow of the European Society of Cardiology (FESC)
- Dutch Association of Gender and Health (*NVG&G, Nederlandse Vereniging Gender en Gezondheid*)
- Dutch Society of Epidemiology (*VvE, Vereniging voor Epidemiologie*)
- Medical Delta Cardiac Arrhythmia Lab
- Academic Centre GESTURE (Gender Specific Translational research Union Rotterdam, Erasmus MC)
- Netherlands Consortium for Healthy Aging (NCHA)

## Major Publications (5-10 most important publications in the field)

- **Kavousi M**, Bos MM, Barnes HJ, Lino Cardenas CL, Wong D, Lu H, Hodonsky CJ, Landsmeer LPL, Turner AW, Kho M, ... , Psaty BM, Post WS, Rotter JI, Björkegren JLM, O'Donnell CJ, Bielak LF, Peyser PA, Malhotra R, van der Laan SW, Miller CL. Multi-ancestry genome-wide study identifies effector genes and druggable pathways for coronary artery calcification. *Nature Genetics* 2023;5510:1651-1664.
- Khan SS, Post WS, Guo X, Tan J, Zhu F, Bos D, Sedaghati-Khayat B, van Rooij J, Aday A, Allen NB, Bos MM, Uitterlinden AG, Budoff MJ, Lloyd-Jones DM, Mosley JD, Rotter JI, Greenland P, **Kavousi M**. Coronary artery calcium score and polygenic risk score for the prediction of coronary heart disease events. *JAMA* 2023;32920: 1768-1777.
- **Kavousi M**, Pisinger C, Barthelemy JC, De Smedt D, Koskinas K, Marques-Vidal P, Panagiotakos D, Prescott EB, Tiberi M, Vassiliou VS, Løchen ML. Electronic cigarettes and health with special focus on cardiovascular effects: position paper of the European Association of Preventive Cardiology (EAPC). *European Journal of Preventive Cardiology* 2021;28:1552-1566.
- WHO CVD Risk Chart Working Group. World Health Organization cardiovascular disease risk charts: revised models to estimate risk in 21 global regions. *Lancet Global Health* 2019;7:e1332-e1345.
- Bano A, Chaker L, Mattace-Raso FUS, van der Lugt A, Ikram MA, Franco OH, Peeters RP, **Kavousi M**. Thyroid function and the risk of atherosclerotic cardiovascular morbidity and mortality: The Rotterdam Study. *Circulation Research* 2017;121:1392-1400.
- **Kavousi M**, Desai CS, Ayers C, Blumenthal RS, Budoff MJ, Mahabadi AA, Ikram MA, van der Lugt A, Hofman A, Erbel R, Khera A, Geisel MH, Jöckel KH, Lehmann N,





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- Hoffmann U, O'Donnell CJ, Massaro JM, Liu K, Möhlenkamp S, Ning H, Franco OH, Greenland P. Prevalence and Prognostic Implications of Coronary Artery Calcification in Low-Risk Women: A Meta-analysis. *JAMA* 2016;316:2126-2134.
- **Kavousi M**, Leening MJ, Nanchen D, Greenland P, Graham IM, Steyerberg EW, Ikram MA, Stricker BH, Hofman A, Franco OH. Comparison of application of the ACC/AHA guidelines, Adult Treatment Panel III guidelines, and European Society of Cardiology guidelines for cardiovascular disease prevention in a European cohort. *JAMA* 2014;311:1416-1423.
  - Leening MJ, Ferket BS, Steyerberg EW, **Kavousi M**, Deckers JW, Nieboer D, Heeringa J, Portegies ML, Hofman A, Ikram MA, Hunink MG, Franco OH, Stricker BH, Witteman JC, Roos-Hesselink JW. Sex differences in lifetime risk and first manifestation of cardiovascular disease: prospective population based cohort study. *BMJ* 2014;349:g5992.
  - **Kavousi M**, Elias-Smale S, Rutten JH, Leening MJ, Vliegenthart R, Verwoert GC, Krestin GP, Oudkerk M, de Maat MP, Leebeek FW, Mattace-Raso FU, Lindemans J, Hofman A, Steyerberg EW, van der Lugt A, van den Meiracker AH, Witteman JC. Evaluation of newer risk markers for coronary heart disease risk classification: a cohort study. *Ann Intern Med* 2012;156:438-444.
  - Coauthored >280 research papers (H-index: 78) – complete list of publications at: <https://www.ncbi.nlm.nih.gov/pubmed/?term=kavousi+M>

### Major Research Interest(s)

- Improving population cardiovascular health
- Precision cardiovascular prevention
- Traditional and novel cardiovascular risk factors: potential for primary prevention
- Preventive potential of the emerging sciences and (high-throughput) technologies
- Life course cardiovascular health
- Diversity in cardiovascular health: Recognition and implementation



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## Vision Statement

As professor of Population Cardiovascular Health, my mission is to improve the cardiovascular health of the communities; including global, rural, and underserved populations through education, research, outreach, service, and creative partnerships. Besides addressing diversity in education, research and practice, I will strive to also foster a collaborative and inclusive work environment within the EAPC. Through inclusiveness and leveraging all talents, in particular the Young Community, I want to ensure that the EAPC members live out the EAPC mission; i.e. promoting excellence in research, practice, education and policy in cardiovascular health, primary and secondary prevention. Ergo ensuring that EAPC is recognized as a global leader in preventive cardiovascular medicine. Through building stronger collaborations across various sections of the EAPC and liaising with different ESC committees and working groups as well as with national societies, we will reinforce our association, aiming to meet all the needs and expectations of our members. Everyone deserves the opportunity to live their healthiest life. Recognizing the needs of our complex, diverse, and changing world with a growing and ageing population, EAPC should be the champion to address future challenges with a unified organization and strong multidisciplinary leadership.

# Candidacy for EAPC 2024-2026 elections

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## Curriculum Vitae

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Roberto Franco Enrico Pedretti



### Present Position

- Associate Professor in Cardiovascular Medicine, University of Milano – Bicocca, School of Medicine and Surgery, Milano, Italy
- Director of Cardiovascular Department, IRCCS MultiMedica, Milano, Italy

### Training and Education

- Graduation in Medicine and Surgery, University of Milano, Milano, Italy
- Visiting Researcher, Department of Physiology, University of Oklahoma, Health Sciences Center, Oklahoma City, Ok, USA

### Post Graduate Degrees

- Specialisation in Cardiology
- Specialisation in Medical Statistics

### EAPC/European Society of Cardiology Activities

- 2022-present: Member of the EAPC Board.
- 2022-present: Chair of the EAPC Secondary Prevention and Rehabilitation Section.
- 2022-present: Co-Chair of the EAPC Risk Factors Task Force.
- 2023-present: Co-Chair of the Steering Committee of the EAPC OptiMIze Project.



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- 2024: Member of the 2025 ESC Preventive Cardiology Congress Programme Committee.
- 2020-2022: Char-Elect of the EAPC Secondary Prevention and Rehabilitation Section.
- 2018-2020: Member of the Nucleus of the EAPC Secondary Prevention and Rehabilitation Section.
- 2021-2023: Member of the Task Force of the 2023 ESC Guidelines for the management of acute coronary syndromes.
- Coordinator of the writing group of the EAPC/ESC Council for Cardiology Practice clinical consensus statement “Risk factor management in the elderly”.
- Coordinator of the writing group of the EAPC clinical consensus statement “How to optimize the adherence to a guideline-directed medical therapy in the secondary prevention of cardiovascular diseases”.
- Coordinator of the writing group of the EAPC/EHRA consensus document “Comprehensive multicomponent cardiac rehabilitation in cardiac implantable electronic devices recipients”.
- Official reviewer of the ACVC/EAPC/ ESC Working Group on Cardiovascular Pharmacotherapy clinical consensus document “Acute LDL-C reduction post ACS: strike early and strike strong: From evidence to clinical practice”.
- Official reviewer of the 2020 ESC Guidelines for the diagnosis and management of atrial fibrillation.
- Official Reviewer of the 2020 ESC Guidelines for the management of acute coronary syndromes in patients presenting without persistent ST-segment elevation.
- Coauthor of several other EAPC statement and consensus documents.

### **Other (Inter)national Committee(s) Participation**

- Principal Investigator for Italy of the CoroPrevention Study.
- Member of the Expert Tool working group.

### **Editorial Boards**

- Associate Editor of the European Journal of Preventive Cardiology.
- Member of the Editorial Board of the Journal of Cardiovascular Disease and Development.
- Past Deputy Editor of the Monaldi Archives for Chest Disease.



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### **Fellowships / Honours**

- Fellow of the European Society of Cardiology.
- Fellow of the Italian Association of Hospital Cardiologists.
- Winner of the Antonio (XX) Venerando Prize.

### **Honorary Memberships**

- 2016-2018: President of the Italian Association for Cardiovascular Prevention and Rehabilitation (IACPR)
- 2014-2016, 2018-2020: member of the IACPR Board as President Elect and Immediate Past President
- 2006-2008: Secretary of the Board of the Italian Association of Arrhythmia and Cardiac Pacing
- 2004-2006: Member of the Board of the Italian Association of Arrhythmia and Cardiac Pacing

## Major Publications (5-10 most important publications in the field)

- Byrne RA, Rossello X, Coughlan JJ, Barbato E, Berry C, Chieffo A, Claeys MJ, Dan GA, Dweck MR, Galbraith M, Gilard M, Hinterbuchner L, Jankowska EA, Jüni PE, Kimura T, Kunadian V, Leosdottir M, Lorusso R, **Pedretti RFE**, Rigopoulos AG, Rubini Gimenez M, Thiele H, Vranckx P, Wassmann S, Wenger NK, Ibanez B and ESC Scientific Document Group. 2023 ESC Guidelines for the management of acute coronary syndromes: Developed by the task force on the management of acute coronary syndromes of the European Society of Cardiology (ESC). *European Heart Journal* 2023; 44: 3720–3826.
- **Pedretti RFE**, Hansen D, Ambrosetti M, Back M, Berger T, Cordeiro Ferreira M, Cornelissen V, Davos CH, Doehner W, de Pablo y Zarzosa C, Frederix I, Greco A, Kurpas D, Michal M, Osto E, Pedersen SS, Salvador RE, Simonenko M, Steca P, Thompson DR, Wilhelm M, Abreu A. How to optimize the adherence to a guideline-directed medical therapy in the secondary prevention of cardiovascular diseases: a clinical consensus statement from the European Association of Preventive Cardiology. *European Journal of Preventive Cardiology* 2023; 30: 149 – 166.
- Hansen D, Abreu A, Ambrosetti M, Cornelissen V, Gevaert A, Kemps H, Laukkanen JA, **Pedretti R**, Wilhelm M, Davos CH, Doehner, W, Iliou MC, Kränkel N, Völler H, Piepoli M. Exercise intensity assessment and prescription in cardiovascular rehabilitation and beyond: Why and how: A position statement from the Secondary Prevention and Rehabilitation Section of the European Association of Preventive Cardiology. *European Journal of Preventive Cardiology* 2022; 29: 230 – 245
- **Pedretti RFE**, Iliou MC, Israel CW, Abreu A, Miljoen H, Corrà U, Stellbrink C, Gevaert AB, Theuns DA, Piepoli MF, Reibis R, Schmid JP, Wilhelm M, Heidbuchel H, Völler H. Comprehensive multicomponent cardiac rehabilitation in cardiac implantable electronic devices recipients: A consensus document from the European Association of Preventive Cardiology (EAPC; Secondary prevention and rehabilitation section) and European Heart Rhythm Association (EHRA)
- Ambrosetti M, Abreu A, Corrà U, Davos CH, Hansen D, Frederix I, Iliou MC, **Pedretti RFE**, Schmid JP, Vigorito C, Voller H, Wilhelm M, Piepoli MF. Secondary prevention through comprehensive cardiovascular rehabilitation: From knowledge to implementation. 2020 update. A position paper from the Secondary Prevention and Rehabilitation Section of the European Association of Preventive Cardiology. *European Journal of Preventive Cardiology* 2021; 28: 460–495.
- **Pedretti RFE**. Antenatal, perinatal, and primordial cardiovascular prevention: What is known, what is happening, and future directions. *European Journal of Preventive Cardiology* 2021; 28: 359–360.



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- Rea F, Ronco R, **Pedretti RFE**, Merlino L, Corrao G. Better adherence with out-of- hospital healthcare improved long-term prognosis of acute coronary syndromes: Evidence from an Italian real-world investigation. *International Journal of Cardiology* 2020; 318: 14 – 20.
- **Pedretti RFE**, Ambrosetti M, Sarzi Braga S. From geriatric cardiology to ‘cardio- geriatric’ prevention and rehabilitation: Need for a new core curriculum? *European Journal of Preventive Cardiology* 2020; 27: 550 – 552.
- **Pedretti RFE**. Cardiac rehabilitation in Europe: Where we are and where we are going. *European Journal of Preventive Cardiology* 2019; 26: 1128 – 1130.
- Scalvini S, Grossetti F, Paganoni AM, La Rovere MT, **Pedretti RFE**, Frigerio M. Impact of in-hospital cardiac rehabilitation on mortality and readmissions in heart failure: A population study in Lombardy, Italy, from 2005 to 2012. *European Journal of Preventive Cardiology* 2019; 26: 808 – 817.

### Major Research Interest(s)

- Deep interest in scientific research, especially in the fields of heart failure, cardiovascular prevention and rehabilitation, exercise physiology, clinical arrhythmia, syncope and cardiovascular autonomic testing



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## Vision Statement

Cardiovascular Disease (CVD) globally represents the major cause of mortality and morbidity, despite advances in therapy with both drugs and interventional procedures. In this scenario, both primary and secondary Cardiovascular Prevention (CVP) represent a main pillar to drastically impact the CVD burden. However, CVP represents an unmet need in most European countries.

To improve the still low awareness of CVP among health care providers, patients and policymakers, it is important to develop educational programmes on the correct “prescription” of healthy lifestyle behaviours (*exercise and food are medicines!*), the correct pathways in the patients’ management and ensure the dissemination of knowledge and standards in CVP.

All these points are important to favour the implementation of optimal medical therapy and patient adherence. The certification and accreditation programmes of our Association are key points to achieve these goals.

It is also mandatory to recognise quality and monitor standards of care in primary and secondary CVP, with a particular focus on digital health, telemedicine and telerehabilitation.

Multidisciplinarity in our Association is also a key factor for working on projects about gender differences, management of psychosocial factors and prevention and rehabilitation of disability/frailty in the elderly. In this respect, cooperation with the other associations, working groups and councils of the ESC is also fundamental.

If elected I will commit to doing my best to serve the Association suggesting working on all these points.



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**Treasurer**



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# Candidacy for EAPC 2024-2026 elections

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## Curriculum Vitae

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Vassilios (Vass) Vassiliou



### Present Position

- Professor of Cardiac Medicine, University of East Anglia, UK
- Honorary Consultant Cardiologist, Norfolk and Norwich University Hospital, Norwich and Cambridge University Hospitals, Cambridge, UK
- Director, NIHR Norwich Academic Training Office

### Training and Education

- MBBS (MD equivalent for the UK) from University College London (UCL), London
- Mini-MBA, Imperial College London
- Cardiology Training in London, Bristol, Cambridge and Norwich.

### Post Graduate Degrees

- PhD from Imperial College London on “Myocardial Tissue Characterization by Cardiovascular Magnetic Resonance”
- MA (Medical Education) University of Bedford
- Diploma in Genomic Medicine, University of Cambridge
- Postgraduate Completion of Specialist Training in Cardiology (CCT)- Cambridge, UK

### EAPC/European Society of Cardiology Activities

- Treasurer and Executive Board Member, EAPC (2022-2024)
- Board Member, EAPC (2020-2024)
- Co-Chair, Certification Task Force/ Subcommittee, EAPC (2020-present)
- Initiated the first Certification in Preventive Cardiology (for Physicians and Allied Health Professionals and nurses)- first exam May 2023, second exam May 2024
- Senior Speaker at the Inaugural EAPC Young Community Journal Club (2024)
- Chair, Population Science and Public Health, EAPC (2020-2022)



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- Led and supported activities of the section including position papers on E-cigarettes, nutrition and Covid
- Nucleus committee member, Population Science and Public Health, EAPC (since 2016)
  - Participated in section activities and papers, led the section Quiz at the ESC Preventive Cardiology conference, supported online asynchronous learning
- Member, Education Committee (2016-2022)
  - Instrumental in initiation and completion of the EAPC Core Curriculum for Preventive Cardiology (now published, PMID: 33791783)
- Member, Congress Programme Committee (2021-present)
- Member, Accreditation Task Force (2018-2022)
  - Responsible for reviewing proposals from centres applying for Institutional Accreditation
- Board Member (representing EAPC) ESC Council of Valvular Heart Disease
  - Represented EAPC to ensure prevention is highlighted among any activities (2020-2022)
- Nominating Committee Member, ESC Council of Valvular Heart Disease (2018-2020)
- Associate Editor, EJPC (2019-present)

### **Other (Inter)national Committee(s) Participation**

- NICE committee member for the Valvular Heart Disease Guidance (NG 208), UK
- Council member, British Society of Heart Valve Disease
- Member, UK Medical Schools Council Research committee
- Chair, Communications Committee, Society of CMR
- Deputy Training Programme Director for Cardiology, East of England (Cambridge, Norwich, Basildon)

### **Editorial Boards**

- European Journal of Preventive Cardiology, Oxford University Press (Associate Editor)
- Oxford Medical Case Reports, Oxford University Press (Executive Editor)

### **Fellowships / Honours**

- Fellow, European Society of Cardiology
- Fellow, American College of Cardiology
- Fellow, Royal College of Physicians (London and Edinburgh)
- Fellow, Society of CMR
- Fellow, Higher Education Academy
- Certified in Preventive Cardiology, EAPC



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## Major Publications (5-10 most important publications in the field)

>200 pubmed-indexed articles, selection from last 3 years shown below

- Cardiovascular disease as part of Long COVID: A systematic review.  
Tsampasian V, Bäck M, Bernardi M, Cavarretta E, Dębski M, Gati S, Hansen D, Kränkel N, Koskinas K, Niebauer J, Spadafora L, Frias Vargas M, Biondi-Zoccai G, **Vassiliou VS**.  
Eur J Prev Cardiol. 2024 Feb 21;zwae070. doi: 10.1093/eurjpc/zwae070
- Risk Factors Associated With Post-COVID-19 Condition: A Systematic Review and Meta-analysis.  
Tsampasian V, Elghazaly H, Chattopadhyay R, Debski M, Naing TKP, Garg P, Clark A, Ntatsaki E, **Vassiliou VS**.  
JAMA Intern Med. 2023 Jun 1;183(6):566-580. doi: 10.1001/jamainternmed.2023.0750.
- Post-COVID-19 syndrome risk factors and further use of health services in East England.  
Debski M, Tsampasian V, Haney S, Blakely K, Weston S, Ntatsaki E, Lim M, Madden S, Perperoglou A, **Vassiliou VS**.  
PLOS Glob Public Health. 2022 Nov 30;2(11):e0001188. doi: 10.1371/journal.pgph.0001188.
- The impact of extracorporeal membrane oxygenation on mortality in patients with cardiogenic shock post-acute myocardial infarction: a systematic review and meta-analysis.  
Paddock S, Meng J, Johnson N, Chattopadhyay R, Tsampasian V, **Vassiliou V**.  
Eur Heart J Open. 2024 Jan 18;4(1):oeae003. doi: 10.1093/ehjopen/oeae003
- Prognostic Value of Cardiac Magnetic Resonance Feature Tracking Strain in Aortic Stenosis.  
Tsampasian V, Merinopoulos I, Ravindrarajah T, Ring L, Heng EL, Prasad S, **Vassiliou VS**.  
J Cardiovasc Dev Dis. 2024 Jan 19;11(1):30. doi: 10.3390/jcdd11010030.
- Myocardial Scar and Remodelling Predict Long-Term Mortality in Severe Aortic Stenosis Beyond 10 Years.  
Thornton GD, **Vassiliou VS**, Musa TA, Aziminia N, Craig N, Dattani A, Davies RH, Captur G, Moon JC, Dweck MR, Myerson SG, Prasad SK, McCann GP; BSCMR AS700 Consortium; Greenwood JP, Singh A, Treibel TA.  
Eur Heart J. 2024 Jan 25;ehae067. doi: 10.1093/eurheartj/ehae067.
- Circulating intermediate monocytes CD14++CD16+ are increased after elective percutaneous coronary intervention.  
Merinopoulos I, Bhalraam U, Holmes T, Tsampasian V, Corballis N, Gunawardena T, Sawh C, Maart C, Wistow T, Ryding A, Eccleshall SC, Smith J, **Vassiliou VS**.  
PLoS One. 2023 Dec 14;18(12):e0294746. doi: 10.1371/journal.pone.0294746



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- ACC/AHA and ESC/EACTS Guidelines for the Management of Valvular Heart Diseases: JACC Guideline Comparison.  
Coisne A, Lancellotti P, Habib G, Garbi M, Dahl JS, Barbanti M, Vannan MA, **Vassiliou VS**, Dudek D, Chioncel O, Waltenberger JL, Johnson VL, De Paulis R, Citro R, Pibarot P; EuroValve Consortium.  
J Am Coll Cardiol. 2023 Aug 22;82(8):721-734. doi: 10.1016/j.jacc.2023.05.061.
- Atrial fibrillation in embolic stroke of undetermined source: role of advanced imaging of left atrial function.  
Chousou PA, Chattopadhyay R, Ring L, Khadjooi K, Warburton EA, Mukherjee T, Bhalraam U, Tsampasian V, Potter J, Perperoglou A, Pugh PJ, **Vassiliou VS**.  
Eur J Prev Cardiol. 2023 Dec 21;30(18):1965-1974. doi: 10.1093/eurjpc/zwad228.
- Assessment of Paclitaxel Drug-Coated Balloon Only Angioplasty in STEMI.  
Merinopoulos I, Gunawardena T, Corballis N, Bhalraam U, Reinhold J, Wickramarachchi U, Maart C, Gilbert T, Richardson P, Sulfi S, Sarev T, Sawh C, Wistow T, Ryding A, Mohamed MO, Perperoglou A, Mamas MA, **Vassiliou VS\***, Eccleshall SC\*.  
JACC Cardiovasc Interv. 2023 Apr 10;16(7):771-779. doi: 10.1016/j.jcin.2023.01.380.
- Effects of Intravenous Iron Replacement Therapy on Cardiovascular Outcomes in Patients with Heart Failure: A Systematic Review and Meta-Analysis.  
Reinhold J, Burra V, Corballis N, Tsampasian V, Matthews G, Papadopoulou C, **Vassiliou VS**.  
J Cardiovasc Dev Dis. 2023 Mar 11;10(3):116. doi: 10.3390/jcdd10030116.
- Promotion of healthy nutrition in primary and secondary cardiovascular disease prevention: a clinical consensus statement from the European Association of Preventive Cardiology.  
**Vassiliou VS**, Tsampasian V, Abreu A, Kurpas D, Cavarretta E, O'Flaherty M, Colombet Z, Siegrist M, De Smedt D, Marques-Vidal P.  
Eur J Prev Cardiol. 2023 Jun 1;30(8):696-706. doi: 10.1093/eurjpc/zwad057.
- The predictive value of abnormal P-wave axis for the detection of incident atrial fibrillation: A systematic review with meta-analysis.  
Chattopadhyay RK, Chousou PA, Mukherjee T, Pugh PJ, **Vassiliou VS**.  
PLoS One. 2022 Dec 1;17(12):e0278527. doi: 10.1371/journal.pone.0278527
- CT angiography compared to invasive angiography for stable coronary disease as predictors of major adverse cardiovascular events- A systematic review and meta-analysis.  
Corballis N, Tsampasian V, Merinopoulos I, Gunawardena T, Bhalraam U, Eccleshall S, Dweck MR, **Vassiliou V**.  
Heart Lung. 2023 Jan-Feb;57:207-213. doi: 10.1016/j.hrtlng.2022.09.018.
- Genetic Architecture of Acute Myocarditis and the Overlap With Inherited Cardiomyopathy.  
Lota AS, Hazebroek MR, Theotokis P, Wassall R, Salmi S, Halliday BP, Tayal U, Verdonschot J, Meena D, Owen R, de Marvao A, Iacob A, Yazdani M, Hammersley DJ, Jones RE, Wage R, Buchan R, Vivian F, Hafouda Y, Nosedà M, Gregson J, Mittal T, Wong



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- J, Robertus JL, Baksi AJ, **Vassiliou V**, Tzoulaki I, Pantazis A, Cleland JGF, Barton PJR, Cook SA, Pennell DJ, Garcia-Pavia P, Cooper LT Jr, Heymans S, Ware JS, Prasad SK. *Circulation*. 2022 Oct 11;146(15):1123-1134. doi: 10.1161/CIRCULATIONAHA.121.058457.
- Renin-Angiotensin-Aldosterone Inhibitors and COVID-19 Infection. Tsampasian V, Corballis N, **Vassiliou VS**. *Curr Hypertens Rep*. 2022 Oct;24(10):425-433. doi: 10.1007/s11906-022-01207-3.
  - Cardiovascular Magnetic Resonance for Rejection Surveillance After Cardiac Transplantation. Anthony C, Imran M, Pouliopoulos J, Emmanuel S, Iliff J, Liu Z, Moffat K, Ru Qiu M, McLean CA, Stehning C, Puntmann V, **Vassiliou V**, Ismail TF, Gulati A, Prasad S, Graham RM, McCrohon J, Holloway C, Kotlyar E, Muthiah K, Keogh AM, Hayward CS, Macdonald PS, Jabbour A. *Circulation*. 2022 Jun 21;145(25):1811-1824. doi: 10.1161/CIRCULATIONAHA.121.057006
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## EAPC

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### Major Research Interest(s)

- Risk stratification in cardiomyopathy and valvular heart disease
- Cardiovascular imaging
- Prediction of Atrial Fibrillation in stroke patients
- Systematic reviews and meta-analyses, especially in COVID



Dear colleagues and friends

I am delighted to be standing for re-election as Treasurer of EAPC, as I wish to continue my active role in the future of our Association and Cardiac Prevention in Europe and worldwide.

I have been heavily involved with EAPC, as a nucleus member since 2016, subsequently Chair of the Population Science and Public Health section, Co-Chair of the Certification Task Force/Subcommittee and was privileged to be elected by our membership as Treasurer in 2022. Hence, I am in a position to know the strengths of our Association which I hope to continue to promote for another mandate.

I am passionate about Preventive Cardiology as I believe that with effective prevention, we can reduce hugely downstream cardiac investigations, morbidity and mortality in a cost-effective way. I find therefore the mission of our Association to promote excellence in research, practice, education and policy in cardiovascular health, primary and secondary prevention inspiring, but also one that will require co-ordinated activity from individual parties and organisations to achieve this.

In my current mandate which saw us emerging from a difficult financial situation following Covid, I worked with all stakeholders ranging from patient advocates, clinicians, allied health professionals and nurses, national organisations as well as industry partners to allow us to now reach a much stronger financial position.

I pledge my commitment to continue my support towards educational activities for all, and my support towards the Young Community, which is the future of our Association.

With this in mind, I have initiated the process for an EAPC Travel Grant to allow young members to visit institutions of Excellence in Cardiac Prevention, a process I will be able to complete in the new year. I have also worked behind the scenes on the congress programme committee and held more than 20 meetings with multiple industry partners specifically for the ESC Preventive Cardiology Conference 2024, to enable the conference to be a success in terms of quality, education but also financially.

We stand on the brink of a new era, filled with promise and potential as the Risk Factors Association of the ESC with all the novel pharmacotherapy that is becoming available. I am excited about the bright future that lies ahead, and I believe that my passion, dedication and the experience I have gained so far, make me a most suitable candidate for the position of EAPC Treasurer

With very best wishes

Vass